

General Psychology

Course Code: HS4BO4U

**CORE
THEORY -**

4

Teaching hours: 3hrs/week (Per Sem 54)

Credit: 3

Objectives:

- To understand the physiological basis of human behaviours.
- To study the processes involved in perception and motivation.
- To understand the manifestations of abnormal behaviour patterns and the therapies prescribed.

Module 1: Psychology

Definition, major subfields of psychology

Module 2: Biological basis of behaviour

Nervous system – Basic units, Organization, Brain, major parts, association areas, Hemispheric specialization,
Endocrine system, Genetic influences on behavior.

Module 3: Sensation, Attention and Perception

Traditional Senses – vision, Hearing, Smell, Taste and Touch Attention – Importance, Factors influencing, Attention span Perceptual development – Space, Depth, Extra sensory Perception Use of Perception, Perceptual Constancy, Perceptual organization, Errors in perception.

Module 4: Learning and Conditioning

Classical and Instrumental Conditioning, Observational Learning Cognitive learning

Module 5: Motivation and Emotion

Motives – Definition, functions, types Maslow's theory of motivation Definition and nature of emotion

Module 6: Memory

Sensory, short term and long term memory Forgetting- curve of forgetting, reasons for forgetting Memory techniques

Module 7: Personality

Personality – definition, Determinants of personality, Types of personality – Introvert, extrovert, Type A. Self concept & self esteem.

Core Readings

- Dennis Coon & John O. Mitterer (2008) Psychology - a Journey International Student Edition, Thomson & Wadsworth Thomson Education, 10 Davis Drive, Belmont, CA 94002 – 3098, USA. Higher
- L. Dodge Fernald & Peter S. Fernald, 5th Edition (2007)
- Munn's Introduction to Psychology, A.I.T.B.S. Publishers & Distributors (Regd.) J-5/6 Krishnan Nagar, New Delhi – 110 051.
- Edward E. Smith, Susan Nolen (2003) Introduction to Psychology (14th Edition)– Hoeksema, Barbara Fredrickson Geoffrey R. Lottus, Wadsworth, Cengage Learning India Pvt. Ltd. Alps Building, 1st Floor, 56-Janpath, New Delhi – 110 001.
- Shaffer, D.R, and Kipp, K (2007). Developmental Psychology: Childhood and Adolescence (7th edition). Australia: Thomson Wadsworth.
- Santrock J.W. (2005) Psychology, Tata-McGraw Hill ed, New Delhi.
- Mangal SK. Advanced educational Psychology (2004) Prentice-Hall Of India Pvt. Limited, 01-

GENERAL PSYCHOLOGY -PRACTICAL

Course Code: HS4BO4U (P)

**CORE
PRACTICAL**

Teaching hours: 2hrs/week (Per Sem 36)

- 4

Credit: 1

1. Illustrate a few perceptual illusions and write a brief report on illusions.
2. Select a suitable intelligence test and administer to a class of adolescents, score and evaluate.
3. Illustrate the Hierarchy of Needs according to Maslow. Write a brief explanation of Maslow's theory.

4. Apply what you have learned about memory to your academic studies/explain the methods that help people to remember: audio, visual, mnemonic and repetition, note-taking.
5. Select any one Personality test/Projective technique and administer, score and evaluate the test.
6. Administer a suitable test on self-esteem/ self-concept/self-motivation score and evaluate the test

(A record of the entire practical should be made)