

SEMESTER 111

HUMAN DEVELOPMENT AND FAMILY INTERACTIONS

Course Code: HS3BO3U

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| CORE THEORY - 3 |
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Teaching hours: 3hrs/week (Per Sem 54)

Credit: 3

Objectives:

- To impart basic knowledge on the principles and pattern of growth and development in children from conception to old age.
- To create awareness on the various factors that stimulates growth and development.
- To orient students on the current issues in Human Development.
- To expose students to the various aspects of adolescents development.
- To help students develop an awareness and concern for Challenged Children, their needs and problems.
- To create an awareness on the important aspects of population Dynamics.

Course outline

Module 1: Introduction to Human Development

Child Development- Significance and scope

Methods of child study- Anthropometry, Observation, Interview, Questionnaire, Case study, Projective techniques Psychological tests, Sociometry, Longitudinal and cross sectional approach.

Growth and development- Definition, Principles, Stages, Areas, factors influencing development Heredity and environment interaction.

Needs of children

Module 2: Prenatal development

Prenatal development – Conception, stages factors influencing Complications/ hazards during pregnancy

Prenatal care, child birth, At risk babies, Baby friendly hospitals

Module 3: Neonate

Neonate-Physical characteristics, abilities, adjustments, Apgar test Care of the new born, Immunization

Module 4: Development during childhood and adolescence years

Infancy, Babyhood, early childhood, late childhood and adolescence physical, motor, Intellectual, emotional, social, language, moral and religious development during above stages. Factors influencing

Module 5: Early childhood care and education

Preschool; education- Objectives and types

Play- Importance, types, selection of toys

Discipline- Essentials techniques and its effect on children Habit formation- definition and principles

Behaviour problems- definition, causes methods of handling

Module 6: Children with special needs

Challenged children- Definition, General classification, General causes and prevention.

Module 7: Issues of ageing

Demographic profile, needs and problems of the elderly

Care of the aged

Module 8: Crisis in the family and contemporary issues affecting family

Infidelity, desertion, divorce, alcoholism, death, suicide, disabilities, financial crisis and its effect on family. Need for guidance and counseling.

Urbanization and globalization, maternal employment, single lone parenthood, reconstituted families, Influence of electronic media

Module 9: Population education

Definition, problems of overpopulation

Responsible parenthood

Methods of family planning

Sex education

Core Readings

- Berk, L E (2000) Child Development (8th edition) PHI learning Pvt ltd, New Delhi
- Devdas ,R and Jaya ,N (2005) A text book on child development
- Hurlock E.B (2008) Developmental Psychology- A life-span approach 5th edn
- Marshall J and Stuart S (2001) Child development, GCSE Home economics for OCR .

- Santrock, J.W. (2010). Child Development: An Introduction (12th edition International Edition). New York: McGraw Hill

- Shaffer, D.R, and Kipp, K (2007). Developmental Psychology: Childhood and Adolescence (7th edition). Australia: Thomson Wadsworth.

- Suriakanthi A (1997) Child development - An Introduction 3rd edn

HUMAN DEVELOPMENT AND FAMILY INTERACTIONS-PRACTICAL

Course Code: HS3BO3U (P)

Teaching hours: 2hrs/week (Per Sem 36)

Credit: 1

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| CORE PRACTICAL - 3 |
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Practical (To be recorded)

1. Observation and reporting of various developments in a preschool child- Physical motor intellectual emotional and social developments.

(12 hrs)

2.Visit to any one of the following places- Baby friendly Hospital / Anganvadi / SOS village / Orphanage / Home for the aged / Institutions for children with special needs. (3 hrs)

3. Recording the height and weight of preschool children using a growth chart. (2 hrs)

4. Preparation of an art/ craft activity for preschool children (4 hrs) 5.

Critically evaluate the suitability of any one toy available in the market

(3 hrs)

Related Experience (Not to be recorded)

1. Discuss the common problems of adolescents (2 hrs)

2. Make a list of toys/ gifts/ CDs and DVDs/Video games for children in a shop (2 hrs)

3. Analyze the disciplinary technique used in one's home and its effect on one's behavior. (2 hrs)

4. Prepare charts on :-

Stages of development

Areas of development

Immunization schedule

Changes in body size (0 -3 years)

Motor milestones (4 hrs)