

DEPARTMENT OF COMMUNICATIVE ENGLISH

ISSUE 1



AUGUST 2019

BAILEY JOURNAL

The Travelling
Chai wala
couple.

CELEBRATING 200 YEARS OF CMS.

HOW THE COLLEGE SHAPED THE FACE OF KOTTAYAM

FROM THE EDITOR



DR. GIGY JOSEPH
Editor-in-chief
H.O.D

Truly, truly I say to you, unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit..(John 12: 24.)

Moment by ticking moment
Dying, reborn, forever moving,
Moments of becoming are
Moments of this lone passage
Falling, with fruit the ripening
Withering, coming to nothing,
Of winning by certain surrender
Of Living by uncertain dying;
Of arriving without ending.

This is the essence of the seed's being.

Like the night flower bright against the night
In a luscious wet bloom
An angel poised in a dance
Upon a dark green bough
Eternal whiteness tinged
By glistening rain drops
Like radiant tears upon an eyelash
Alive in the night of the dead
Only living to be a few hours
To fall back as the day is born.
Forgotten, but the fragrance
May remain a little more.
What can be the fate of the surrendered
hero?
The end of the tired pilgrim's quest?
Shall they begin again at zero?
Or shall find the shade to forever rest?

Dear all,

The publication of our house journal deserves a big applause. This was our shared dream. Now it has come true. Let us rejoice in this and let us look forward to greater things that we are destined to achieve.

As aspiring journalists and (who knows?) creative writers of the future, consider this as your first step in the right direction. Picasso once said: "Every child is an artist. The problem is how to remain an artist once he grows up." So with writing. I believe that every one of you is a writer in the making. I hope you will remain so.

What do you need to be a writer? Simple: you need "three ps" - a passion, a pen and a piece of paper! Octavia E. Butler has a piece of advice for those who are not confident of it: "You don't start out writing good stuff. You start out writing crap and thinking its good stuff, and then gradually you get better at it. That's why I say one of the most valuable traits is persistence." So dear friends, I tell you; persist in writing. You will see what you become. Just turn on the faucet of you talent; let it flow. Some of you may; ask "What shall I write about?" The great poet Sylvia Plath has the answer: "... everything in life is writable about if you have the outgoing guts to do it, and the imagination to improvise. The worst enemy to creativity is self-doubt."

Then there is a practical problem for some. It is about words. Where to find words to express what you want to express? The remedy for this is simple Read, read and read. Then your words will come out of you like a flowing brook.

Anne Frank, who shot into posthumous fame through her famous Diary, wrote: "I can shake off everything as I write; my sorrows disappear, my courage is reborn" Writing is a therapeutic experience. It helps us experience life in its fullness. It heals and comforts. It will leave your mark in the world even after you are gone. Don't we each have something to tell the world, something to sing about? I think we do. "There is no greater agony than bearing an untold story inside you" says Maya Angelou. Get rid of your agony. Let us write. Right now we are amateurs. But one day we shall be professionals. You know why? Because we do not intend to quit! I place on record my hearty congratulations to each one of you who made this possible, especially Aswathi Mary Varghese who took up the task of encouraging and guiding you and of course my other colleagues in the Department.

Yours truly,
G.J

FROM THE EDITOR



ASWATHI MARY VARGHESE
(MEMBER OF THE CHIEF EDITORIAL
BOARD)
ASSISTANT PROFESSOR
CMS COLLEGE KOTTAYAM

"Discovery" came from a very simple idea. Backing up their abilities with determination, the students working for the 'Bailey Journal' overcame obstacles, seized opportunities, and learned very quickly that their dedicated team of Professors of Communicative English Department working under Dr. Gigy Joseph holds the keys to a sprawling intellectual kingdom. The student teams working behind this House Magazine strode through the beckoning doors and have not looked back.

I am really proud to be a part of the Editorial Board of the 'Bailey Journal' which serves as a platform to highlight the literary and artistic capabilities of the students forming a bridge between flowing thoughts and artistic manifestation. This quarterly magazine, in addition to generating creative content from the student population, works extensively to report the educational, cultural, sports, developmental, literary, technology, fashion etc. events in and around the college.

The final publication reflects and encompasses the diversity inherent to the academic and extra-curricular spaces in CMS College Kottayam, include sections in various languages, and have interviewed and featured articles of academicians, high-profile dignitaries and exemplary CMS students.

The team hopes to build on this ethos just as much during the upcoming editions.

Aswathi

CONTENTS

THE BAILEY JOURNAL
ISSUE 1 VOL 1 AUGUST, 2019



KOTTAYAM TURNS 70



**THERE ARE NEW CHAMPIONS
ON THE BLOCK**



**CMS COLLEGE AND
IT'S RICH HISTORY**



**BUDGET FRIENDLY
COLLEGE LOOKS**

**DO RE MI FA
ZOLA TI**



COVER STORY

THE BAILEY JOURNAL

Chief editors - Dr Gigy Joseph, Aswathi Mary
Varghese

Senior Editor--Sheya Kurian, Mobin Varghese
Thomas

Copy Editor- Sruthy Sreekumar, Lakshmi Nair,
Amritha Jacob, Megha Ann Biju

Design Head- Anina Jacob

Travel Correspondent- Sruthy Sreekumar, Mona
Hareesh

Literary English- Sheya Kurian, Sofia Mary
Mathew

Literary Malayalam-Shyam PT, Vismaya Vinod,
Uttaramol S

Development-Mobin Varghese Thomas, Lakshmi
Nair

Foreign Affairs-Anagha J Subhash, Anina Jacob

Out of the Box-Anagha J Subhash, Shobitha
Mathew

Science and Technology- Tanya Vinod, Allen
Sunny, Aravind H

Sports-Basil Biju, Nikitha Berney

Fashion- Kavya V, Ashima Kabir, Sathiabhama J
Nair

Crime- Sangeetha Joshy, Amritha Jacob, Athira J

Film Review- Kavya V, Navami Nair, Aliya Jaleel

Dance- Anamika Suresh



CMS College **200 YEARS** **of Enlightenment**

.....

LAKSMI NAIR AND MEGHA BIJU

സിഎംഎസ് കോളജിന്റെ പൈതൃകം അന്യർക്കുതരിച്ചുതന്നത്: മുഖ്യമന്ത്രി

കോട്ടയം: • സിഎംഎസ് കോളജിന്റെ പൈതൃകവും പ്രശസ്തിയും അന്യർക്കുതരിച്ചുതന്നതാണെന്നു മുഖ്യമന്ത്രി ഉമ്മൻ ചാണ്ടി പറഞ്ഞു. സിഎംഎസ് കോളജിന്റെ ദീർഘതാബ്ദി ആഘോഷങ്ങളുടെ സാഗതസംഘം സമ്മേളനം ഉദ്ഘാടനം ചെയ്യുകയായിരുന്നു മുഖ്യമന്ത്രി.

സിഎംഎസ് കോളജിലെ പൂർവ്വ വിദ്യാർഥിയാണെന്നത് അഭിമാനത്തോടെ പറയാനും ഓർക്കാനും കഴിയുന്നതാണ്. 1961-62 വർഷമാണ് സിഎംഎസ് കോളജിൽ പഠിക്കാൻ അവസരം ഉണ്ടായത്.

കലാലയ ജീവിതം ഏറ്റവുമധികം ആസ്വദിക്കാൻ കഴിഞ്ഞതു സിഎംഎസ് കോളജിലെ പഠനകാലത്താണ്. കലാലയ

ആഘോഷിക്കുകയുള്ളതാണ് പ്രത്യേകതകൾ അഭിമാനത്തോടെയാണ് ഓർക്കാൻ കഴിയുന്നതെന്നും മുഖ്യമന്ത്രി പറഞ്ഞു.

സിഎംഎസ് സഭാ വാപുട്ടി മോഡറേറ്റർ ബിഷപ്പ് തോമസ് കെ. ഉമ്മൻ അധ്യക്ഷത വഹിച്ചു. സിഎംഎസ് കോളജ് തെളിച്ച അക്ഷരദീപത്തിന്റെ ദീപ്തി ലോകം മുഴുവൻ വെളിച്ചം പകരുന്നതാണെന്നും ബിഷപ്പ് പറഞ്ഞു. തൊഴിലാളിയുതൽ മുതലാളിവരെയും രാഷ്ട്രീയക്കാരും ആധ്യാത്മിക ആചാര്യന്മാരും ഇക്കൂട്ടത്തിലുണ്ടെന്നും ബിഷപ്പ് പറഞ്ഞു.

മന്ത്രി തിരുവഞ്ചൂർ രാധാകൃഷ്ണൻ, ജോസ് കെ. മാണി, എം.പി. കെ. സുരേഷ് കുറുപ്പ്, എൻ.എ. എം.ജി സർവകലാശാലയിൽ പ്രൊഫ. എം. ആർ. ഉണ്ണി

enary of English



The oldest available image of CMS College, Kottayam. PHOTO COURTESY: BABU CHERIAN

ern western liberal education to the people through the nascent institution. Along with modern education, he also brought technical education into the curriculum, he himself taking charge of the printing and translation department.

According to Babu Cheriyan, Head of the Department of Malayalam, who has gone deeply into the history of the college, taking the two, imparting modern education and dissemination of information through printed

It is not accidental that the first Indian President, K.R. Narayana Varma, an alumnus of the college, stayed at the college bungalow whenever he was in Kottayam.

K.T. Thomas, an alumnus, says the college has produced many formidable leaders: K.P.S. Menon, Sardar K.M. Panikkar, Mathai... and the list goes on. One of the finest

സിഎംഎസിൽ 12 കോടി രൂപകൾ ദിശതാബ്ദി മെട്രിംഗ്

കോട്ടയം: സിഎംഎസ് കോളജിൽ പൂർവ്വവിദ്യാർഥികളുടെ പങ്കാളിത്തത്തോടെ 12 കോടി രൂപകൾ നിർമ്മിക്കുന്ന വിശതാബ്ദി മെട്രിംഗ് തീർക്കുന്നതിന്റെ ശില്പശാലയായും രാഷ്ട്രപതി പ്രണബ് മുഖർജി നിർവഹിച്ചു.

കോളജിനു വലിയ പൈതൃകപാഠവിയുടെ പ്രഖ്യാപനം മുഖ്യമന്ത്രി ഉമ്മൻ ചാണ്ടി നിർവഹിച്ചു. വിശതാബ്ദി സമ്മേളനത്തിൽ പ്രത്യേക കവാടം, സ്മാരകങ്ങൾ, ഹിസ്റ്ററി ഓഫ് കോളജ് എന്നിവ ഏറ്റെടുത്ത് സമ്മേളനത്തിന് മുഖ്യമന്ത്രി കൈമാറി.

സിഎംഎസ് കോളജിയിലെ ഓരോ കോളാളി ബിഷപ്പ് തോമസ് കെ. ഉമ്മൻ ആദ്യപ്രദർശനം നടത്തി. സിഎംഎസ് കോളജ് പ്രിൻസിപ്പൽ ഡോ. റോയി സാബു എന്നിവർ സാഗതസംഘം സിപിഐ മുൻപ്രിൻസിപ്പൽ അഭിജിത് അനന്തനെയും പ്രസിഡൻ്റ് മുഖർജിയെയും സിഎംഎസ് കോളജിയിലെ കോളാളി ബിഷപ്പ് തോമസ് കെ. ഉമ്മൻ ആദ്യപ്രദർശനം നടത്തി.



സിഎംഎസ് കോളജ് വിശതാബ്ദി ആഘോഷ പരിപാടികളുടെ സാഗതസംഘം ഉദ്ഘാടനം മുഖ്യമന്ത്രി കൈമാറിയത്.

സിഎംഎസ് കോളജ് ദിശതാബ്ദി ആഘോഷ സാഗതസംഘം രൂപീകരിച്ചു

കോട്ടയം: 200 വർഷത്തെ ചരിത്രപരമായ ഒരു ഓജ്ഞയെക്കുറിച്ചാണ് കോട്ടയം സിഎംഎസ് കോളജ് എന്ന് മുഖ്യമന്ത്രി ഉമ്മൻ ചാണ്ടി. സിഎംഎസ് കോളജിന്റെ ദിശതാബ്ദി ആഘോഷം ലോകമെങ്ങും ആഘോഷിക്കുന്നതിനായി 1001 ഓർഗനൈസേഷനുകളുടെ സാഗതസംഘം രൂപീകരിക്കുന്നതിനായി ഉന്നമന തന്ന സമ്മേളനം ഉദ്ഘാടനം ചെയ്യുകയായിരുന്നു മുഖ്യമന്ത്രി.



സിഎംഎസ് കോളജിന്റെ ആഘോഷ പരിപാടികളുടെ സാഗതസംഘം ഉദ്ഘാടനം മുഖ്യമന്ത്രി കൈമാറിയത്.

CMS

The one name that stands synonymous with the educational history of Kerala-CMS College. Established in 1817, the college continues its glorious journey in shaping the educational and cultural horizons of the God's own country. On the occasion of the bicentennial celebrations of the college here is a sneak peek into the magnificent historical journey.

Cotym College was the brain child of Colonel John Munroe who was the Diwan of Travancore in the 1800s. A highly rational man, he wanted to propagate education to every strata of the society. He was not just an administrator but a great visionary with a high thirst for social reform. His role was pivotal in the abolition of slavery in Travancore in 1813. He appointed a commission to inquire into the socio economic conditions of Syrian Christians in the province. Munroe, being a man of wisdom realized the need to propagate education in the province. He appealed to the British provincial capital in Madras with the idea of starting a college.

The next task was to find an appropriate land for the construction of the college. With this objective, he approached Rani Gowri Lakshmi Bai, the erstwhile Queen of Travancore, who on understanding the importance of an educational institution granted 16 acres of land, 500 rupees in cash and timber from public forests. He also wrote to the Church Missionary Society requesting to send teachers to serve the college proposed to be set up in Kottayam.

Following this Mr. Marmaduke Thompson, who was the Secretary of the newly formed Corresponding Committee of the Church Missionary Society at Madras, referred Mr. Thomas Norton to the College Cotym. He, however, decided to stay in Alleppey, for the place was much more developed than Kottayam. Despite facing challenges Munroe was focused on his mission and it was this persistent wish that finally brought Bailey to the forefront.

In 1817, Rev. Benjamin Bailey took charge as the first principal of CMS college. He played a vital role in designing the curriculum of the college that envisaged modern Western education. The college explored new horizons under him. He implemented a curriculum with subjects as varied as Syriac, Sanskrit, Latin, English, Greek, History, Philosophy, Mathematics and Geography. The syllabus was largely engaging and rigorous with papers in Selectae e profanis, Virgil's Aeneid, Horace's Epistles, the first six volumes of Euclid and plane and spherical trigonometry.

The educational system followed had stark differences with the modern system. Munroe envisaged three levels of schooling starting with parochial schools attached to churches at the lowest level, Grammar schools at the next level and the College at the highest level. Those who successfully completed the grammar school level education were eligible for education in the College. In other words, the grammar schools would be the feeder establishments of the College. The task of establishing and administering the schools fell upon Henry Baker Senior, the third member of the Kottayam Trio. (The other two being Benjamin Bailey and Joseph Fenn) observes Dr. Babu Cherian in his book "Towards Modernity: The Story of the First College in India". The quality of the education was so high that after three years of studies, the students were able to handle a wide variety of tasks; for they mastered almost every subject- an achievement not so easy to accomplish and impossible in today's educational scenario. These students were then inducted into the key office positions of the Travancore Royal Government.

Even as education flourished, the authorities were quick to notice the plight of the down-trodden. Upper class people did not often adjust with people in the lower strata. Since the need to educate these sections of the society was inevitable, 'slave schools' were established by the missionaries. While many might regard this move as a discriminatory practice, it is important to understand that the need of the hour was to somehow educate these neglected masses, whatever be the measures adopted for this. Apart from this weaving schools were also started in and around Kottayam. However the educational scenario was rather slow to respond to girls' education. It took another century for this to change.

Padithaveedu, the forerunner of the Cotym College was primarily at the 16 acre land on the banks of Meenachil River. It was only in 1838 the college shifted to the current campus.

The college played a central role in the growth of language (both native and foreign). Rev. Bailey set up Kerala's first printing press in 1821. He also designed the modern Malayalam script. Apart from the establishment of the printing press and the development of script, the missionaries did a number of other things that enriched our language. Rev. Richard Collins, Principal of the college from 1855 to 1866, established the Department of Malayalam with a view to enhance the native language of the province. The department also published the first ever college magazine in Kerala titled Vidyasamgraham in 1864. Thus the college kick started the tradition of scholarly publishing in Kerala, which pioneered innumerable newspapers and magazines. One need not be a genius to figure out why Kottayam has the largest number of publishing houses and how CMS college made Kottayam the hub of printing.

The year 1913, marks an important milestone in the history of CMS College. The college opened its portals for women for the first time, a revolutionary step in the field of higher education. However, the course was discontinued in 1918-1919 for some unknown reasons. It was resumed in 1938-1939. The credit for the first wave of women empowerment in Kerala goes to CMS College.

From the day of its inception the college has strived to impart value education to students, giving ample space for liberal ideas. The college has always succeeded in maintaining a spirit of free will and creating non-conformists with strong leadership qualities. An aureole of pristine knowledge, the college has to its credit a long list of alumni who have marked their presence in the world with their unique personalities. Among the notable names are India's former president Shri K R Narayanan, famous physicist E C George Sudarshan, film maverick John Abraham, ace poet and dramatist Kavalam Narayana Panicker, film directors Aravindan, Joshiy, Jayaraj, B. Unnikrishnan and the list goes on. The nimbus of the college can be equated with the achievements of these stalwarts who

have established their names in their respective fields of work. The student supportive system of the college has continuously nourished and nurtured the students, gearing them up to face the challenges of the world.

This is exemplified through the achievements of India's tenth President Shri. K

R Narayanan. The college with its nurturing support and care, helped the ace diplomat reach his position.

In 2017, the college celebrated its 200th anniversary, covering a successful journey from a pre-Independent to a post-Independent India. The college, at present, is aided by the government of Kerala and the UGC and managed by the Church Of South India. To this day, it has remained true to its vision and mission and has left no stones unturned to achieve further excellence. The College Cotym after its 200 years of magnificent journey has indeed made the saying true: 'The World is Our Oyster'. Looking back, we see ourselves as pioneers in many fields and continues to lead with the swag of a Maharaja.

The legacy of Kerala is inherent in the college history. The groves of this academy has changed the Kerala society from a medieval one neck deep in superstitions and social evils into a modern scientifically tempered one. The role of CMS in transforming Kottayam from the 'land of pepper and latex' into the 'land of letters' is phenomenal.

'Aksharanagari' is a jewel in the crown of Kerala. The college can rightly claim to be the prime mover of this change. The three letters that made Kottayam 'the land of letters' is indeed CMS.

സപ്തതി നിറവിൽ അക്ഷര നഗരി



“അക്ഷര നഗരി” എന്നറിയപ്പെടുന്ന കോട്ടയം ജില്ല രൂപീകരിക്കപ്പെട്ടിട്ട് എഴുപത് വർഷം കഴിഞ്ഞിരിക്കുന്നു. 1949 ജൂലൈ 1 മുതൽ 2019 ജൂലൈ വരെയുള്ള കോട്ടയത്തിന്റെ വളർച്ചയുടെ വലിയ തോതും അതിന്റെ പിൻകാല ചരിത്രത്തിലേക്ക് വേരുന്നി നിൽക്കുന്നവയാണ്. ഇന്ത്യയിലെ തന്നെ ആദ്യ വിദ്യാഭ്യാസ സ്ഥാപനവും ഇരുനൂറ് വർഷത്തെ ചരിത്രം ഉറങ്ങുന്നതുമായ സി.എം.എസ് എന്ന അഭിമാനം മാത്രമല്ല ഇന്ത്യയിലാദ്യമായി സമ്പൂർണ്ണ സാക്ഷരത കൈവരിച്ച ഏക ജില്ല എന്ന പൊൻതൂവൽ കൂടി അക്ഷര നഗരിയിൽ ചാർത്തപ്പെട്ടിരിക്കുന്നു.

അഭംഗുരം കാത്തു സൂക്ഷിക്കുന്ന ഇടം എന്നൊരു പെരുമ കൂടി കോട്ടയം ജില്ലയ്ക്കുണ്ട്. രണ്ടു ദശകങ്ങളിലേറെയായുള്ള സ്ഥിതി വിവര കണക്കിൻ പ്രകാരം യാതൊരു സമുദായ സംഘർഷങ്ങളും കോട്ടയത്ത് ഉണ്ടായിട്ടില്ല എന്ന സർക്കാരിന്റെ സാക്ഷ്യം ഒരു അഭിമാന മൂത്രമാണ്

നിരവധി പ്രസിദ്ധമായ പള്ളികളും അമ്പലങ്ങളും കോട്ടയത്തുണ്ട്. 1330 വർഷം പാരമ്പര്യം ഉള്ള കേരളത്തിലെ ഏറ്റവും പഴക്കം ചെന്ന ജുമാ മസ്ജിദിൽ ഒന്നാണ് താഴത്തങ്ങാടി ജുമാ മസ്ജിദ്. കോട്ടയം ചെറിയ പള്ളി എന്നറിയപ്പെടുന്ന സെന്റ്. മേരീസ് ഓർത്തഡോക്സ് ദേവാലയവും, തിരുനക്കര മഹാദേവർ ക്ഷേത്രവും, വൈക്കം സത്യാഗ്രഹത്തിന് കാരണമായ വൈക്കം മഹാദേവർ ക്ഷേത്രവുമെല്ലാം ജാതി മത ഭേദമന്യേ കോട്ടയം നിവാസികൾ ആദരിച്ച് പോരുന്നവയാണ്. സപ്തതി നിറവിൽ കോട്ടയത്തെ വളർത്തിയതും പ്രശസ്തിയിലേക്ക് എത്തിച്ചതുമായ ചരിത്രം അറിഞ്ഞിരിക്കേണ്ടവ തന്നെയാണ് തെക്കുംകൂർ, വടക്കുംകൂർ നാട്ടുരാജ്യങ്ങളിലായി ആയിരുന്നു പഴയ കോട്ടയം സ്ഥിതി ചെയ്തിരുന്നത്. 1749 ൽ മാർത്താണ്ഡ വർമ്മ മഹാരാജാവ് തിരുവിതാംകൂർ പിടിച്ചെടുത്തു. 1855 ൽ കോട്ടയം വടക്കുംകൂറിലെ ഒരു ചെറിയ താലൂക്കാക്കി മാറ്റി.

1888-ൽ കോട്ടയം സന്ദർശിക്കാനെത്തിയ രാമ റാവു വേമ്പനാട് കായൽ മാർഗം ഉള്ള യാത്ര ദുസ്സഹമാണെന്ന് മനസ്സിലാക്കി. ശ്രീ വിശാഖം തിരുനാളിന്റെ അനുവാദത്തോടെ യാത്രാ ക്ലേശം ഒഴിവാക്കാൻ രാമ റാവു, ഡിവിഷൻ തലസ്ഥാനം ചേർത്തലയിൽ നിന്നും കോട്ടയം ആക്കി മാറ്റി. കോട്ടയം - കുമളി (കെ.കെ) റോഡ് നിർമിച്ചതോടെ ഹൈറേഞ്ചിലേക്കുള്ള പ്രധാന വ്യാപാര മാർഗം കോട്ടയമായി മാറി. 1882 ൽ കോട്ടയം പബ്ലിക് ലൈബ്രറി സ്ഥാപിതമായി. ആധുനിക മുന്നേറ്റങ്ങൾക്ക് വിത്തു പാകിയ മലയാളി മെമ്മോറിയലിനു തുടക്കം കുറിച്ചത് കോട്ടയം പബ്ലിക് ലൈബ്രറിയിൽ നിന്നാണ്. 1949 ജൂലൈ മാസം ഒന്നാം തീയതി കോട്ടയം ജില്ല ഔദ്യോഗികമായി രൂപമെടുത്തു. കലാലയ മുത്തശ്ശി സി.എം.എസ് രണ്ട് പതിറ്റാണ്ട് കഴിഞ്ഞ സി.എം.എസ് കോളേജിന്റെ (പഴയ കോട്ടം കോളേജിന്റെ) ചരിത്രം കോട്ടയത്തിന്റെ ചരിത്രം കൂടിയാണ്. പേപ്പറോ അച്ചടി വിദ്യയോ ഇല്ലാത്തതിരുന്ന കാലഘട്ടത്തിൽ കോളേജ് വിദ്യാഭ്യാസം എന്നത് ചിന്തയിൽ പോലും ഇല്ലാതിരുന്ന ഒരു പറ്റം യുവാക്കളെ ചരിത്രം, സംസ്കൃതം, സുറിയാനി, ലത്തീൻ, ഇംഗ്ലീഷ്, ഗ്രീക്ക്, ഗണിത ശാസ്ത്രം എന്നീ മേഖലകളിൽ പ്രാവീണ്യം നേടാൻ സി.എം.എസ് കോളേജ് വഴിയൊരുക്കി. സമ്പൂർണ്ണരേയും, അവർണ്ണരേയും, സ്ത്രീകളേയും, പുരുഷന്മാരേയും, ട്രാൻസ്ജെൻഡേർസിനേയും ഒരേ കുടക്കീഴിൽ കൊണ്ടു വന്ന് വിദ്യാഭ്യാസം നൽകുന്നത് വഴി സാംസ്കാരികവും വൈലങ്ങാനികവുമായ ഒരു വളർച്ചയാണ് സമൂഹത്തിന് സി.എം.എസ് കോളേജ് സിദ്ധിച്ചതെന്ന് കോളേജിലെ അദ്ധ്യാപകനും എഴുപത് വർഷത്തിൽപ്പരം കോട്ടയത്ത് ചിലവഴിച്ച പ്രഫ. ജോർജ്ജ് കോശിക്ക് കോട്ടയത്തെക്കുറിച്ച് ഉള്ള ഓർമ്മകൾ ഇവയാണ്. “ ഞാൻ സി.എം.എസിൽ പഠിക്കുമ്പോഴാണ് ഇന്ത്യയ്ക്ക് സ്വാതന്ത്ര്യം കിട്ടുന്നതും, കോട്ടയം ഒരു ജില്ലയായ് മാറുന്നതും. അന്ന് ഇവിടെ വലിയ കെട്ടിടങ്ങൾ ഒന്നും ഇല്ല. ഒത്തിരി റോഡുകളും ഇല്ല. ആകെ ഉള്ളത് കെ.കെ. റോഡ് മാത്രം. ബി.സി.എം കോളേജിന് അടുത്തുള്ള കത്തിഡ്രൽ പള്ളിയായിരുന്നു അന്നത്തെ ഏറ്റവും ഉയരം കൂടിയ കെട്ടിടം.”

ബെഞ്ചമിൻ ബെയ്ലി 1821 ൽ കോട്ടയം സി.എം.എസ് പ്രസ്സ് സ്ഥാപിച്ച്, കേരളത്തിൽ മലയാളം അച്ചടിക്കൽ തുടക്കമിട്ടു. മലയാളം അച്ചടിയുടെ പിതാവായി അറിയപ്പെടുന്ന ഇദ്ദേഹം, മലയാള ഭാഷയ്ക്കും, കേരളത്തിനും, പ്രത്യേകിച്ച് കോട്ടയത്തിനും വിലമതിക്കാനാവാത്ത സംഭാവനകൾ നൽകിയ ആളാണ്. 1830 ൽ സർക്കാർ പ്രസ്സ് തിരുവനന്തപുരത്ത് സ്ഥാപിക്കപ്പെടുന്നത് വരെ സർക്കാരിന്റെ മുഴുവൻ അച്ചടിയും സി.എം.എസ് പ്രസ്സിലാണ് നടന്നിരുന്നത്. ബെഞ്ചിൻ പരിഭാഷപ്പെടുത്തുന്നത് കൂടാതെ

ഇംഗ്ലീഷ്-മലയാളം, മലയാളം-ഇംഗ്ലീഷ് നിഘണ്ടു രചിച്ചു. മലയാളത്തിലെ ആദ്യത്തെ അച്ചടി മാസികയായ "ജ്ഞാന നിക്ഷേപം

" ആരംഭിച്ചതും ബെയ്ലിയാണ്. ബെഞ്ചമിൻ ബെയ്ലി അച്ചടി വിദ്യ കൊണ്ടു വന്നതോട് കൂടെ നിരവധി അച്ചടി പ്രസിദ്ധീകരണങ്ങൾ

കോട്ടയത്ത് ജനിക്കുകയുണ്ടായി. കോട്ടയം അങ്ങനെ മലയാള പ്രസിദ്ധീകരണ വ്യവസായത്തിന്റെ തലസ്ഥാനമായി തീർന്നു. ഒട്ടേമ്പുരാനും ലുത്തിനിയയും

നിരവധി അനുകാലിക പ്രസിദ്ധീകരണങ്ങളിൽ കൂടി ജനപ്രിയ സാഹിത്യകാരന്മാരായി അറിയപ്പെട്ട എഴുത്തുകാർ അനേകമുണ്ട് കോട്ടയത്തിന് അവകാശപ്പെടാൻ. മുട്ടത്ത് വർക്കി, വേളൂർ കൃഷ്ണൻകുട്ടി, കോട്ടയം പുഷ്പ നാഥ് എന്നിങ്ങനെ ഏറെ പേരുകൾ. ലോകത്തിലെ തന്നെ സാഹിത്യകാരന്മാർക്കു വേണ്ടിയുള്ള ആദ്യ സഹകരണ സംഘം കോട്ടയത്താണ് ജനിച്ച് വളർന്നത്.

ഏഴുത്തുകാർക്ക് ഏറ്റവും അധികം റോയൽറ്റി കൊടുക്കുന്ന പ്രസാധന സ്ഥാപനവും ഇതായിരുന്നു. പ്രശസ്ത എഴുത്തുകാരനായ പോൾ സക്കറിയ എഴുതിയ 'ഉരുളിക്കുന്നത്തിന്റെ ലുത്തിനിയ' എന്ന പുസ്തകത്തിൽ കോട്ടയം ജില്ലയിൽ സ്ഥിതി ചെയ്യുന്ന ഉരുളിക്കുന്നവും സമീപ പ്രദേശങ്ങളും ഭംഗിയായി വിവരിച്ചിരിക്കുന്നു. അത് പോലെ തന്നെ കോട്ടയത്തെ വായനക്കാരുടെ ശ്രദ്ധയിലേക്ക് നയിച്ച മറ്റൊരു പുസ്തകമാണ് അരുന്ധതി റോയിയുടെ 'കുഞ്ഞു കാര്യങ്ങളുടെ ഒട്ടേമ്പുരാനും'. നോവലിസ്റ്റിന്റെ ബാല്യം ചെലവിട്ട കോട്ടയത്തിന്റെ പ്രാന്തപ്രദേശമായ അയ്മനത്തെ ചുറ്റിപ്പറ്റിയുള്ള ബാല്യകാല ഓർമ്മകൾ കുഞ്ഞു കാര്യങ്ങളുടെ ഒട്ടേ തമ്പുരാനിൽ നിറഞ്ഞു നിൽക്കുന്നു.

വൈക്കം സത്യാഗ്രഹം ഇന്ന് കേരളത്തിൽ ഉൾപ്പെടുന്ന പഴയ തിരുവിതാംകൂർ രാജ്യത്ത് 1924 മാർച്ച് 30 ന് തുടങ്ങി 603 ദിവസം നീണ്ടു നിന്ന അയിത്തത്തിന് എതിരായ സത്യാഗ്രഹ പ്രസ്ഥാനമായിരുന്നു വൈക്കം സത്യാഗ്രഹം. ഇപ്പോഴത്തെ കോട്ടയം ജില്ലയിലെ വൈക്കം മഹാദേവർ ക്ഷേത്രത്തെ കേന്ദ്രീകരിച്ചാണ് ഈ സത്യാഗ്രഹം സംഘടിപ്പിച്ചത്. ക്ഷേത്രത്തിലേക്കുള്ള പൊതു വഴിയിലൂടെ സമൂഹത്തിലെ എല്ലാ വിഭാഗക്കാർക്കും സഞ്ചരിക്കാനുള്ള സ്വാതന്ത്ര്യം നേടി എടുക്കുക എന്നതായിരുന്നു സത്യാഗ്രഹത്തിന്റെ ലക്ഷ്യം. അവിലേന്ത്യാ തലത്തിൽ ശ്രദ്ധ ആകർഷിച്ച വൈക്കം സത്യാഗ്രഹത്തിന് ഇ.വി. രാമ സ്വാമി നായ്ക്കർ ഭാര്യ നാഗമ്മയോടൊപ്പം എത്തി സത്യാഗ്രഹത്തിൽ പങ്കെടുത്ത് അറസ്റ്റ് വരിച്ചു. 1925 മാർച്ച് 10ന് ഗാന്ധിയും വൈക്കത്തെത്തി. ക്ഷേത്ര പ്രവേശന വിളംബരത്തിലേക്ക് നയിച്ച പ്രധാന സംഭവങ്ങളിൽ ഒന്നായിരുന്നു വൈക്കം സത്യാഗ്രഹം.

അക്ഷരശില്പം കോട്ടയത്തു പ്രശസ്തമായ പബ്ലിക് ലൈബ്രറിയുടെ അങ്കണത്തിലാണ് കോൺഗ്രീറ്റിൽ നിർമ്മിച്ച ഈ കൂറ്റൻ ശില്പം സ്ഥാപിച്ചിട്ടുള്ളത്. കാനായി കുഞ്ഞിരാമനാണ് ഇതിന്റെ ശില്പി. 2015 മെയിൽ ആണ് ഇതിന്റെ നിർമ്മാണം പൂർത്തിയാക്കി നാടിന് സമർപ്പിച്ചത്. അമ്മ തന്റെ മക്കളെ അക്ഷര പഠിപ്പിക്കുന്ന രീതിയിലാണ് 35 അടി ഉയരത്തിലുള്ള ഈ ശില്പത്തിന്റെ നിർമ്മിതി. കുട്ടികൾക്ക് അമ്മ ഗുരുവും

ദൈവവുമാണ് എന്ന സങ്കല്പത്തിലാണ് നി ഇത് ചെന്നെന്ന് കാനായി കുഞ്ഞിരാമൻ ശില്പത്തെ കുറിച്ച് പറഞ്ഞത്.

സമ്പൂർണ സാക്ഷര നഗരം ഏഷ്യയിലെ തന്നെ സമ്പൂർണ സാക്ഷര നഗരം എന്ന ബഹുമതി കോട്ടയത്തിന് അവകാശപ്പെടാം.

1989 ൽ മഹാത്മാ ഗാന്ധി യൂണിവേർസിറ്റിയുടെ നാഷണൽ സർവീസ് സ്കീമിന്റെ (എൻ.എസ്.എസ്) നേതൃത്വത്തിൽ സംഘടിപ്പിച്ച വലിയ ജനകീയ കൂട്ടായ്മയുടെ ശ്രമഫലമായിരുന്നു ഇത്. 'ന്യൂ ദിവസം കൊണ്ട് ന്യൂ ശതമാനം സാക്ഷരത' എന്ന

മുദ്രാവാക്യവുമായി സാമൂഹിക സംഘടനകൾ, രാഷ്ട്രീയ പാർട്ടികൾ, സാംസ്കാരിക പ്രസ്ഥാനങ്ങൾ, മഹാത്മാ ഗാന്ധി യൂണിവേർസിറ്റിയുടെ കീഴിൽ ഉള്ള എൻ.എസ്.എസ് പ്രവർത്തകരും, പ്രോഗ്രാം ഓഫീസർമാരും, സ്കോട് ക്രിസ്ത്യൻ കോളേജ് നാഗർകോവിലിൽ നിന്നുള്ള പ്രവർത്തകരും ചേർന്നു നടത്തിയ മുന്നേറ്റം അക്ഷര

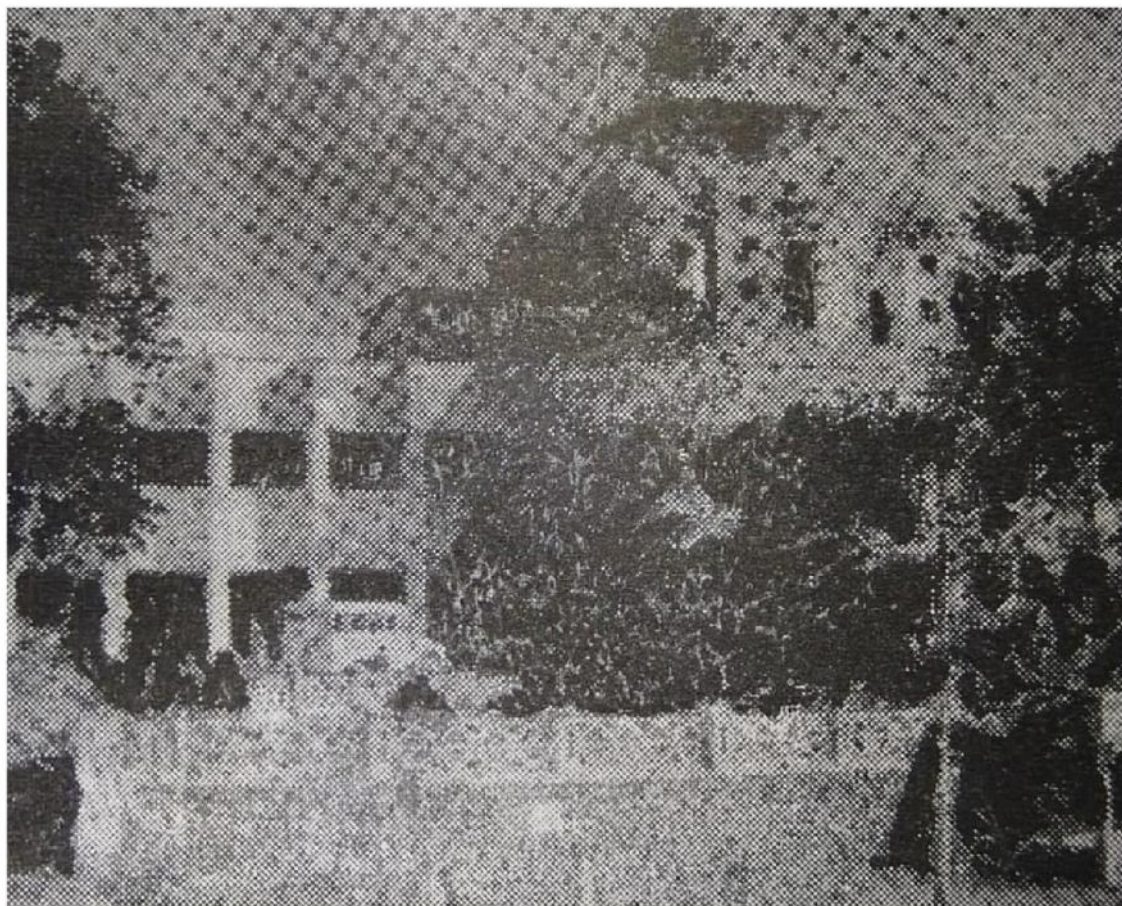
നഗരി എന്ന കോട്ടയത്തിന്റെ പേര് അമ്പർത്ഥമാക്കി

ചുവർ ചിത്ര നഗരി

കേരളാ ലളിതകല അക്കാദമിയുടെ നേതൃത്വത്തിൽ 2013 ൽ കോട്ടയത്ത് വെച്ചാണ് ചുവർ ചിത്ര കലാകാരന്മാരുടെ ക്യാമ്പ് നടന്നത്. അതിന്റെ സമാപനത്തിൽ കേരള മുഖ്യമന്ത്രി കോട്ടയത്തെ 'ചുവർ ചിത്ര നഗരി' യായി പ്രഖ്യാപിക്കുകയും ചെയ്തു. ക്യാമ്പിന്റെ ഭാഗമായി 300 കലാകാരന്മാർ ചുവരുകളിൽ തങ്ങളുടെ കരവിരുതുകൾ കാട്ടുകയുണ്ടായി.

കലാകായിക സാംസ്കാരിക മേഖലകളിൽ കോട്ടയം നൽകിയ സംഭാവനകൾ വളരെ വലുതാണ്. മീനച്ചിലാറിന്റെ കരയിൽ ഉറങ്ങുന്ന കോട്ടയം ദൃശ്യ ഭംഗി കൊണ്ടും സാംസ്കാരിക വളർച്ച കൊണ്ടും ജനശ്രദ്ധ ഏറെ പിടിച്ചു പറ്റിയിട്ടുണ്ട്. എഴുപതിന്റെ നിറവിലും തന്റെ യൗവ്വനം സൂക്ഷിച്ച് കൊണ്ട് വരും കാലങ്ങളിലും തന്റെ പെരുമ നിലനിർത്താൻ കാത്തിരിക്കുകയാണ് അക്ഷര നഗരി.







TROUVAILLES OF THE TEA SELLERS

BY SRUTHY SREEKUMAR AND MONA HAREESH

There is a tiny Eiffel Tower on the table of Sri Balaji Teashop in the heart of Kochi. It might be a matter of great astonishment when 70 year old Vijayan and Mohana narrates that they have visited nearly 23 countries so far. KR. Vijayan is well known to all those who have a hard-core desire to travel. His wife Mohana shares this popularity with him. Why you might be asking? A couple travelling around the world isn't of much curiosity or different from any other travellers around the world.

That is where the twist comes. They are in their 70s and what makes them even more special is that they do not have any handsome jobs nor do they come from a rich background. They meet their travel expenses using their sole income that they get from their tea shop. Today Vijayan is known as the 'Travelling chai-wala'. And their age is not a barrier for their desire to travel. Here is an interview with them.

1. To start off our talk sir, I think

we need to reel back in time. When or where did your journey start?

Vijayan: My love for travel began from my childhood. I used to travel to various cities like Palani, Tirupathi, Sabarimala, Madurai, Kanyakumari from a young age. It was actually my father, who instilled the desire for travelling in me

2. I read in an article that it was a trip to Himalayas, that made you finally chase your dreams. Could you please narrate that experience?

Vijayan: That was in 1987. My wife was not there. It was me, my father, my mother and my uncle who went on this journey. Mohana couldn't come since our children were small at that time. So she stayed back with them and we actually went on that trip for cooking. We had all the kitchen utensils with us. It was a group consisting of nearly 250 people. Our main job was to cook for them. We prepared their breakfast, lunch and dinner. They would buy the necessary items to cook food. And this was my first North Indian trip.

3. What is it like to live with a man who has a never ending desire to travel?

Mohana: Whenever I used to get upset regarding the fact that I could not go or visit any place, my grandmother used to tell me, to not worry and that I would get a husband who would take me everywhere. You would get more than what you wished for. And I did get him. He never goes anywhere without me. Even if I do not want to go, he says he will not go anywhere without me.

4. I have noticed that, you remember every specific detail of your travels. Is it just retained in your memories or do you keep an account of all these journeys in a journal?

Vijayan: Our eyes are like computer. We remember what we see.

Mohana: I sometimes forget. I do not remember some things. But he never forgets. He remembers everything and every part of our journey.

Vijayan: These images, these travels, they are imprinted forever in our hearts. It's a craziness; a kind of insane love for travel.

5. You have spent lakhs for your travels. You could have used it for many other purposes; maybe buy or build a house or have a bigger shop. But you chose to travel. Why?

Vijayan: Yes. I could use it for many other purposes. But if I did, then would I be able to see all these places that I have visited? No. I have never been and never would be attracted to such luxuries of life. What is the need? Why should I save all this money? There is always something that have been destined in our lives to happen. No matter whatever we do, it will. So what use is of this money, fall sick? Or die? I can only use as much money as I need. I can't use or get more than that. Then why save all this? For a future that is so uncertain.

Mohana: We were once asked in an interview about how we use whatever money we earn for travelling to some place and they asked what would we do if we fell sick or something like that happened. I replied, nothing of that sort can happen, as long as God exists. Even if it does, then we are not alone; God is there always.



6. I know each place is different. But still, of all places you visited which is your most favourite or memorable one? If so, why?

Mohana: For me it is Switzerland. And Paris. (She answers excitedly like a little girl, even before I complete my question). I have always loved snow-capped mountains and snow covered areas. I made these little snowballs and played with them. (She laughs like a little child.)

Vijayan: It is Singapore for me. Right from the moment, I read or see in movies about a place, I always have my own concept or my own visualisation of that place. My imagination. Singapore was one such place for me. I am a film lover. Similarly, Paris is a favourite place too.

7. Just like I said before a lot of people have ridiculed you both, made fun of you, tried to scare you away. But you just smile at them. You say they don't understand. Why is it so?

Vijayan: I never mind them. When we travel to foreign countries, a lot of people make fun of our dressing. Wherever we go, we just wear what we wear here in our country. We do not wear those coats or dye our hair black. I like to live as me. I do not like to live as someone. That is what I say to them. No matter what I do, I will always be me. And nothing can change that. That is my identity. What I have seen, experienced; all that is mine. Another person cannot and will never be able to understand.

8. The young generation today have adopted the travel culture. Is there anything that you want share with the young travellers?

Vijayan: There is no point in saving up for today to have a better future. Do not just save anything for later. Use it to live today. Never think, you can do this after you get a job or a secure life. You may never get the chance. The money loses its value. Use it for seeing this world and the rest, let come what may come.



9. In your short film , 'Invisible Wings' ,you say that every thing is a journey in our life. Even walking from your tea shop to your house. Now that you have made a journey of thousand miles, is there anything that you want to share or say to this world?

Mohana: Love those journeys.

Vijayan: You have to travel more. Love those moments. See new things. When you see new things, the way you perceived the world itself changes. You will see various cultures, various traditions, people, various geographies. Everything is different from one another. The culture you see in China, cannot be seen in Egypt. The culture of Egypt is not same of that of Paris. Similarly Singapore is different from Paris.

The couple gives us a hope. A sense of joy. A revelation that age doesn't matter when you are chasing your dreams. Getting a job at 40 years old is still an achievement. Completing your college at 30 is still wonderful. Making your dreams come true even after you turn 60, is beautiful . Young or old, rich or poor you are the one who make choices in your life. And when you look back make sure, you made the right choices. Because in the end that is what matters. How you lived your life. Itis not about how much you earned or saved. Remember Rumi's lines:

"make your last journey,
from this strange world
soar for the heights
where there is no more
separation of you and your home.
God has created
Your wings not to be dormant
As long as you are alive
you must try more and more
to use your wings to show you are alive."

A THOUSAND SPLENDID SUNS -

Book review

'This is one of those books that truly move you, pulling on your heartstrings until you cry like a child'

I have heard many rave reviews on Hosseini's first novel *The Kite Runner* and I started to read his second novel, *A Thousand Splendid Suns*, with one goal in my mind: I wanted to have a real cry. One of those books that truly move you, pulling on your heartstrings until you cry like a child.

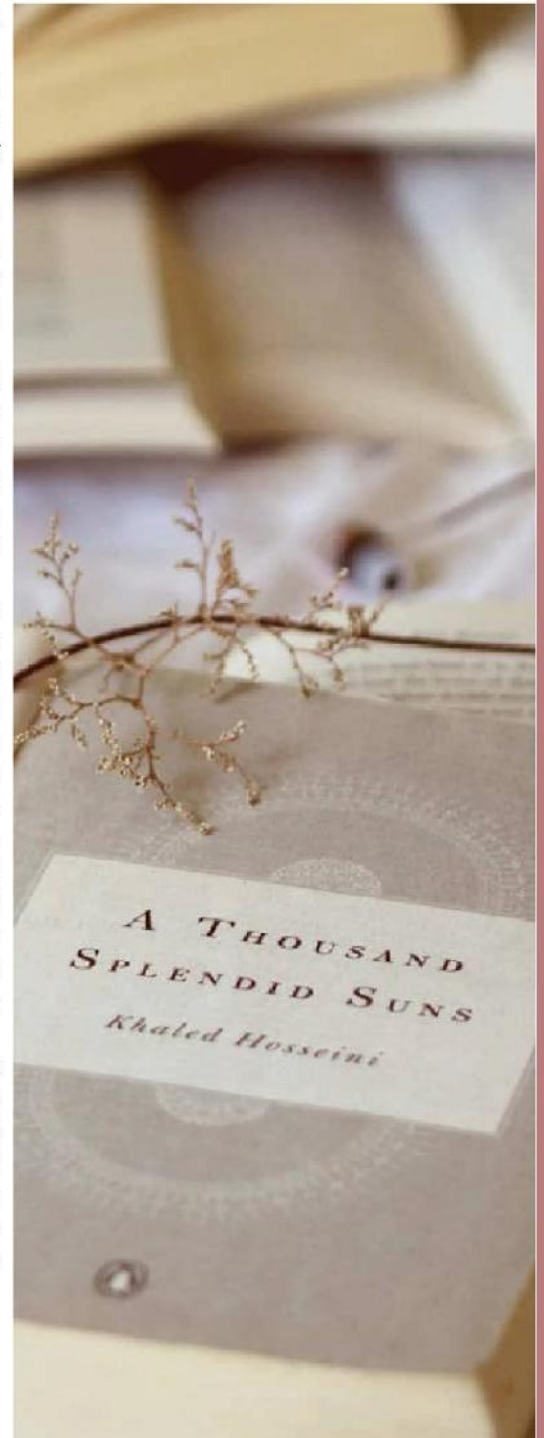
The main plot seemed to fill my criteria. Set in Afghanistan from the 1960s to the 1990s, spanning from Soviet occupation to the Taliban control, following the lives of two women in their marriages and in their war-torn country. With the entry of domestic abuse, war descriptions and a main theme of oppression of Afghan women, I reached my goal, I wept.

And so shall you but not for the reasons you would expect. *A Thousand Splendid Suns* covers much more than what is written in this review. The novel is divided into a dual narrative, the first being Mariam when she is nine, living on the outskirts of Herat with her mother, anxiously in wait for the visits of her wealthy father once in a week. Being an illegitimate child, Mariam was branded the name 'harami'. For the same reason, Mariam was not only blamed by the family of her father but also by her mother.

Hosseini introduces a naïve child whom you immediately pity, and also feel a foreboding clutch the pages. Gradually, Mariam feels the emptiness in her father's love towards her after her mother's suicide. Mariam is also forced to marry a man who is 40 years old, while she is only 15. You blink several times. You turn the pages. You cry out in outrage. But Hosseini is not finished. Rasheed is a kind man, though rather old in his manner and bad-tempered, Mariam's life does not seem so terrible anymore. Until the miscarriage. And then the continual miscarriages. Domestic abuse? Yup, I knew there must be some somewhere. However, Hosseini does something new. The readers will sympathize the husband; his past is like Mariam's, but it does not justify his actions. Then comes the second narrative- Laila. A child whose best friend is a boy, where war steals away her brothers and her mother. Being an orphan and torn apart from her love, Laila agrees to marry Rasheed. The stories of these two wives will make you gaze in awe at the sheer strength of love in desperate times.

In the novel, Hosseini gives information about Afghanistan's situation nevertheless it is only here that it takes a role in the story. Yet he makes sure that it is never a driving force in the novel- that is for the voices of these two women. Both trying to make do, muddling through life, trying to find joy through the gloom, one innocent yet hiding a terrible secret and another bitter with age and angry at her life. Both still have a glimmer of hope in their eyes when they start their journey. Hosseini's writing is simple, and that is all it needs to be, a welcoming contrast to Mariam and Laila's complex situations.

Tears drop from the readers by the end of the novel. It is above all a story of hope and of life, the heroism that comes with love and the inevitable struggle that comes with living. Inspirational, outstanding, it is a book that you should not miss out.





A model of the proposed skywalk



A sight from the construction works of the ambitious project

KOTTAYAM ALL SET FOR A SKYWALK

Kottayam is all set to welcome the first of its kind 'skywalk' in the heart of the city. The much anticipated project, after crossing many hurdles is back on its foot after the construction being revoked in the month of July 2019. The busy junction at Sastri road would soon have a skywalk to ease the pedestrian movement.

The ambitious project has had quite a big share of controversies, with the project delayed for the last three years owing to a number of reasons. Halfway into its construction, the avant-garde reached an impasse owing to the delayed disbursement of funds. The mega project is being built at an estimated cost of Rs 5 crore. The foundation stone for the skywalk was laid in February 2016. In the first phase of the construction, fourteen steel pillars were erected. Iron pipes were laid across the top of the pillars connecting each other.

CURRENT STATUS

The project which seemed to be yet another case of misadministration is back on its foot, after a decision to revoke the construction was made in a meeting chaired by the sitting MLA and the transport commissioner Mr. Ananthakrishnan. It is decided to build the skywalk at an estimated cost of Rs 5 crore granted by the Road Security Authority. The pending works are the laying of steel sheets on the skywalk floor, installation of roof and four elevators and a flight of stairs.

Even after the recent decision to revoke the project, speculations are ripe among locals that the project might hit a hurdle sooner or later. The project which was supposed to go up within five months of the foundation ceremony (in February 2016) has crawled on its way to a span of three years, making the people wonder if anything would happen at all. If everything goes as planned, a skywalk would soon adorn the city of Kottayam.

KOTTAYAM DONS A NEW CROWN

THE DEMOLISHED
NAGAMPADOM
BRIDGE CAN BE
SEEN IN THE
PICTURE BELOW



The Nagampadom Railway Over bridge which stood as the epitome of Kottayam's prime and glory is now a history. The bridge that saw the growth of Kottayam was finally demolished after a few failed attempts on 26th May 2019. The 65 year old bridge was known for its structural brilliance and geographic importance. Since the old bridge could not adapt to the new Kottayam, it forced the authorities to demolish the railway over bridge (ROB). In the presence of hundreds, the Nagampadom bridge finally humbled itself, only after an illustrious career.

BRIEF HISTORY

It was at the end of the 1950s, the idea of the Nagampadom bridge was introduced, which also saw the genesis of Kottayam's development. The birth of the new bridge started from the efforts of by the then President of the Kottayam Municipality, A.V. George. The construction of the bridge had a lot of specialities in its making. The construction of the 'approach road' was done first with blocks in a raised position on either sides to support it. A team of thirty two, comprising of two supervisors and an engineer were responsible for the creation of the dream project. The bridge was build in a way where the height of it could be controlled. The iron beams then installed to support the bridge, still remained until it was demolished. Arches were installed on the top, that crowned the bridge in its prime and glory. The work of the Nagampadom railway over bridge was finally completed in 1959.

RENOVATION AND FAILED ATTEMPTS

The conversion of the metre gauge to broad gauge forced the bridge to have certain changes in its construction. As part of the renovation, it was decided to increase the height of the over bridge. The bridge proved its strength in the very first attempt for renovation by not budging from its position. Later, it was only after a few strenuous efforts, did the bridge bother to move. Kottayam's growth destroyed the grandeur of the bridge. It was during the beginning of the 21st century, the greatness of the over bridge started to fade away. Its inability to grow with Kottayam's developments had an adverse effect and by 2010, the congestion caused due to its insufficient area increased drastically. But time could not take a toll upon this grand structure. In 2014, it was approved to have a new bridge instead of the old one and request for a four-lane road was also publicly stated. After three years of hardwork between 2015 and 2018, a new overbridge arose sidelining the old to history. The procedures for the demolition of the old bridge started started after the new bridge was opened to the public. On 3 December 2018, demolition process started thus writing a new history.

DEMOLITION

It was initially planned to demolish the 65 year old Nagampadom bridge using controlled explosion. However, it did not work out due to technical failures and the immense strength of the bridge. Road and rail traffic was disturbed during the day on 27th April 2019. The Railway authorities took the opportunity to shower praises for high quality beams that were used in the old bridge. Renowned engineer E. Sreedharan, who was the assistant engineer at Kottayam railway station in 1955, too praised the strength of the bridge. But the public who had gathered at the nearby Nehru stadium returned home disappointed. Finally, the contract was undertaken by Kochi based Pallasserri earthworks. This time the bridge was sliced into pieces. Train services were suspended on 25th May 2019 ahead of slicing of the bridge. The dismantling of the bridge was accompanied with loud applause of the spectators. Thus writing a new history for Kottayam.

APOLLO @ 50

by Anagha J Subash

The reputable independent agency National Aeronautics and Space Administration (NASA), initiated one of its greatest science mission that gave this world a whole new idea about the infinity of space. The American crew including Neil Armstrong and Buzz Aldrin and Michael Collins landed the Apollo Lunar Module Eagle on July 20, 1969. Apollo 11 was the fifth crewed mission of NASA's Apollo program. At their 50 year anniversary NASA streamed footage of the launch of the spacecraft online, providing a chance for the new generation to see the notable and celebrated moment that was watched and appreciated by half a billion people 50 years ago. Cities across the world celebrated the milestone anniversary or the golden jubilee. Military personnel put on parachute display and live bands performed as a tribute to the historic event of launching. The space suit of Armstrong was displayed at the Smithsonian's Air and Space museum in Virginia. A show featuring rare footages of moon landing were projected on to the Washington monument in Washington DC.

Apollo 11 was one of the successful missions of NASA and also the mission was a cold war maneuver, where NASA fulfilled the vow made by president John F. Kennedy where the agency overtook the pioneering Russian space program and sent a man on the moon. NASA was one year behind in sending satellite to space and one month behind Soviet in sending first man to space. Soviet already had better technologies compared to America and they always considered it as their pride and asset.

With its success, Apollo was endorsed as the pride factor of NASA, which took a small step and created a giant leap. There were six more Apollo missions and 12 more humans have walked on the surface of earth and it paved way for many more human imaginations and dreams that finally took the man to another world of this universe.



**“...APOLLO WAS
ENDORSED AS THE
PRIDE FACTOR OF
NASA, WHICH TOOK A
SMALL STEP AND
CREATED A GIANT
LEAP..”**



Shown here:
Greta
Thunberg

CLIMATE CHANGE WARRIOR

The 16 year old
girl that is
changing the way
we look and act
towards our dying
planet.

by Anina
Jacob

From the girl who sat at the back of every classroom who spoke nothing, to the girl who made important heads turn towards a cause that many adults spent years ignoring, Greta Thunberg, an unknown 15 year old girl until March 15 is now the face of climate change awareness today. Presidents of nations and people of importance are embarrassed at her tongue lashings as she asks why the adults are not concerned about the dying earth and why she should worry about a future by going to school when there could possibly be none? She was 15 years old when she decided to skip days of off school to protest in front of Riksdag in Stockholm. She passed out flyers stating that she would continue doing this "because you adults are shitting on my future."

The inspiration for the strike came from Florida where the students of Parkland school protested against the US gun laws that enabled mass violence on the campus.

Greta was part of a similar group to but did not know what to agree on.

When the record heat wave in the north of Europe and the forest fires that destroyed acres of Swedish land till the Arctic went unnoticed,

Thunberg decided to do it alone. Day one was 20 August 2018.

She started by painting a sign on a piece of wood and wrote down important facts that she thought people should know, rode to the parliament and sat there alone all morning till evening on a regular school day, then on the second day, people started joining her as well and that led to more people joining her every day. Thus began an important ripple effect of her efforts; her profound speeches had an unspoken effect on the younger generation, which urged in an understanding in them prompting nearly one and a half million children across the globe to school strike for climate change. In her social medias she urges the younger generation to take matters into their hands as the adults and the press keep ignoring the grave situations at hand. Her young voice is unique from the others; clear, concise and true of spirit proving that in fact people, regardless of their age, gender or sizes can start transformatory and revolutionary ways to change the world.

Can Crows Solve Puzzles?

by Shobitha Mathea

We have always considered crows as ordinary as any other bird. May be as one of the lowest among them. But a recent study conducted by Romana Gruber and her colleagues at the University of Auckland, New Zealand has proved that crows have very unique abilities compared to other birds.

The study conducted at the University of Auckland suggested that crows (and similar birds) are smarter than great apes or 7-year-old human child. They designed a complex puzzle which had to be solved in a series of steps, and the crows were successful in doing it.

The team set up a series of compartments that held different sized sticks or stones, which had to be retrieved in a certain order to ultimately get to a piece of meat. Each apparatus was separated from the others with a wooden divider, so the crows could only see one at a time.

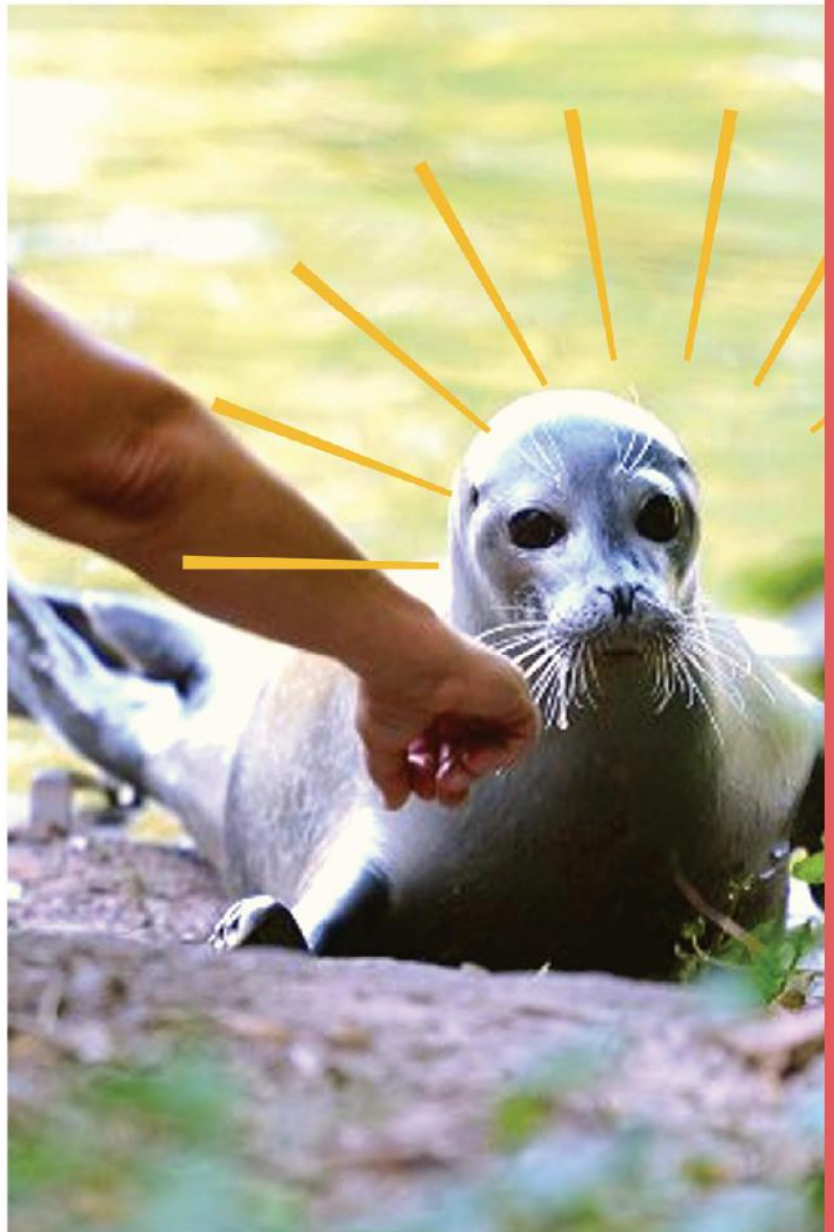
The experts in the field say that "performing several steps while they can't see the entire puzzle shows that they can hold the space in their memory think through how to interact with it". They have further said that, "The results only add to the list of crows' amazing abilities". "The new discovery adds to the fact that animals also have thinking capacity and also can plan as humans" says Dr. Nisha P Aravind who is an Assistant Professor in Zoology, C.M.S College Kottayam. So undoubtedly we can say that there are a lot more to be discovered, which surely is going to amaze us.



DO RE MI FA ZOLA TI DO!

Anagha J Subhash

Recent study at the university of St Andrews claims that seals helps in human language development. Their ability to mimic similar sounds to that of humans will pave way for future developments in the study of speech disorders. Dolphins are the only marine animal that has the ability to understand human emotions better and has gained greater attention among humans but, this seal Zola has stolen millions of hearts all around the world by smartly copying human sounds and perfectly singing the famous rhyme 'twinkle twinkle little star'. The grey seals which share common anatomical features with humans are known as our marine cousins. Through the process of evolution, mammal muscles has been changed and thus acquired a better structure. This new study proves that seals can also be taught new sounds and melodies and they can also be used to vocal educate other animals. Professor Nisha of the Department of Zoology at CMS College feels that, "This is a evolutionary breakthrough which will help us in further research of speech therapy". It would be interesting to learn how these animals would be a helping factor for anthropological advancements.



GO GREEN, GO ELECTRIC

In July 2016, the world witnessed a miracle. The first fully solar powered aircraft completed circumnavigating the earth. It was a momentous occasion for history of aviation as well as an impactful message on the push for green energy. The transportation sector is one of the biggest contributors to global warming via burning of fossil fuels. The idea of using renewable sources or less polluting sources of energy has been thought about for quite some time.

There has been many experiments to introduce electric vehicles or EVs by introducing hybrid vehicles. In the past, Honda and Toyota were partially successful but their models were met with harsh critique.



The progress that the electric vehicle industry has seen in recent years is not only extremely welcomed but highly necessary in light of the increasing global greenhouse gas levels. Most experts admit that the EV market has revolutionized the transportation sector. The realization. The success of this industry relies heavily on the global population and it is our hope that through mass marketing and environmental education programs people will feel incentivized and empowered to drive an electric-powered vehicle.



In the current scenario Tesla Inc is the most successful electric car manufacturer that supplies to US, UK and Europe. Started by Elon Musk, Tesla has flourished to become automotive manufacturer. Although primarily known for it's all electric cars suggest the model X ,model s and model three, the company also makes electric trucks. The comparative price, build quality, improved charging time and longer range are all practices that have captured interest. Tesla has built a very loyal customer base through many successful programs like free charging and other services. Many governments even provide benefits to people who choose to go electric such as tax deductions, subsidized rates etc.

Even in the superbike section where all electric would have been a joke a few years ago is now with speed machines such as the zero SRF, a conceivable future. Many automotive enthusiasts who have experienced all electric vehicles have said that the extremely quick acceleration is the trademark for these vehicles. To introduce these vehicles in the Indian market, we still have a long way to go. If the government provides sanctions easily adoptions of electric vehicles , dream would be one step closer.

-By Tanya Vinod

Picture Courtesy: Google Images

THE 2019 SMARTPHONE DILEMMA



Huawei Google ban :

→ What does the ban mean for Android users?

The parliamentary ruling is the latest milestone in a lengthy battle between the US and China, which saw the Chinese telecommunications giant being blacklisted by the US government. But there are reports that US companies may be able to kick start their sales process with Huawei in a very short time. This follows reports about US Commerce Secretary Wilbur Ross saying the US administration will issue licenses for US companies that want to do business with Huawei "where there is no threat to national security."

→ What is the Google Huawei ban about?

The Chinese electronics giant has been accused by President Trump's administration of stealing trade secrets, fraud and violating United States sanctions against Iran, claims which have led the US president to ban Huawei's instrumentality from U.S.A. networks in an attempt to safeguard national security. As a result, Google was forced to stop Huawei's android license. Other firms are also affected by the executive order, as well as chip designers, ARM and Qualcomm.

→ What will the Google Huawei ban mean for Huawei phone users?

Huawei devices might not receive updates or be able to access software package from Google. The ban hasn't affected current Huawei smartphones and devices. Google has said the Google Play Store, the android app store through which android device users get their links to the surface world, and the security features which come with android, will continue to be available on existing Huawei devices. It looks like anything the corporate releases within the future, like the forthcoming Mate 30 range, that is slated for an 2019 unveil, could lose access to crucial Android services, such as Google Play, Maps and the Gmail app. Following the news of the block, Huawei said many of its devices would be able to access Android Q – the next version of Google's phone software due to launch later this year – and would still receive different updates without any interruption. A few weeks past, the company's UK managing director insisted "nothing has changed" for the company, and that customers "do not have to worry".

→ Is the Google Huawei ban over?

All signs are beginning to point to the tip of Huawei's troubles. Mid-July, reports suggested US firms will be able to apply for licenses to trade with the tech giant, whilst the latest news suggests this could happen in as soon as a few weeks. The relaxation of the ban followed a gathering between Chinese president Xi Jinping and American president Donald Trump. Two U.S.A. chipmakers told Reuters they were trying to use for additional licenses following the comments.

→ Does the ban mean Huawei phones won't be automaton phones?

Not exactly. Any company that designs and builds a phone can use Android's mobile operating system because of its open-source nature. However, this move means Google is no longer going to provide technical support and collaboration for Android and Google services to Huawei phones. This week, Huawei's CEO Ren Zhengfei said the company would be launching its own operating system; Hong Meng OS aka Oak OS aka Harmony OS, claiming it would "likely" be 60 per cent faster than Android. He added that whilst the OS would be designed to connect across multiple devices, including phones, cars and data centre, it would be lacking an alternative to Google's Play Store and Apple's App Store. Huawei has since mentioned it is trying to make an alternate. This could mean Huawei breaks ties with android and Google virtually completely, developing its own OS to be integrated into all of its future devices. In the time being, there have been a wealth of other Android phones released in 2019 already to try. The US trade ban is taking its toll on Huawei. Even though the US trade list ban may nearly be over, it appears the bad headlines have started to affect Huawei's sales in the UK.

→ What does this mean for Huawei and 5G?

Despite issues, it's understood that Huawei will be helping develop 5G networks across all four of the UK's major mobile phone operators. The tech firm is already involved in building 5G networks in six of the seven cities in the UK where Vodafone has gone live. It is also assisting in developing 5G sites for EE, Three and O2. Recently, the UK's Science and Technology Committee said there were no "technical grounds" to exclude Huawei from the UK's 5G, but did suggest that the government needs to consider the impact of using Huawei's technology on its relationship with major allies, such as the US. Norman Lamb, Chair of the Parliamentary Science and Technology Committee said: "We have found no evidence from our work to suggest that the complete exclusion of Huawei from the UK's telecommunications networks, would, from a technical point of view, constitute a proportionate response to the potential threat posed by foreign suppliers."

Top 4 Free Apps



Khan Academy:

Evolutionary learning platform with over 60 million students with Harvard and Stanford level of resources. Totally free and supported by many including Bill Gates, Ratan Tata etc.



Anybooks:

A repository of millions of books completely free. Tons of genres like fantasy, science fiction, thriller, horror, mystery, romance, self help, biography and many more.



wikiHow:

The world's leading how-to-guide. Step-by-step instructions, photos, illustrations, videos, expert opinions and many more on various topics



BBC news:

Official BBC news app that caters to the international audience. Frequently updated and well optimized for live news. Also provides access to the global BBC radio stream.



WOMEN ATHLETES: TORCHBEARER'S FOR CMS

By Basil Biju

Women sports is gaining a lot of recognition and reputation within the country as well as in the international arena. Exposure of women to sports is usually very less compared to male sports in the college. Although women have faced many challenges throughout, they have come closer to achieving greater heights and those advances cannot be ignored. Moreover it is very sad and unfortunate to see that women are not much encouraged to actively take part in different sports.

In spite of all the barriers, one of the oldest college in India, the CMS College Kottayam has its Rubina Rukzana (Taekwondo, Wrestling, Judo), Vaishnavi G Prabhu (Taekwondo), Aparna K Santhosh (Boxing) and women kabaddi team. They are trying their best every single moment to make the college proud. They adorn the victory stand without compromising their passion for sports unlike their over-hyped and famous male counterparts.

Wrestling and Judo national player winner and Taekwondo state player winner Rubina Rukzana said, "the respective faculty members of the college are very supportive". Such a support is always beneficial for any sportsperson.

The state and national level Taekwondo player Vaishnavi G Prabhu said, "we don't get much facility in the college to improvise in the sport in which we are specialised". This opinion may be because of the shortage of women players in the college and also due to attendance issues. It is much hard to develop their skills as the college give more priority to other major men sports teams such as cricket, volleyball and hockey.

Looking close, it is visible that, women have achieved worth mentioning heights. Becoming the MGU women Kabaddi champions (2018) was a very notable achievement. Even with limited facilities, a good number of women sports stars were born from the college. If more facilities and support is provided, the women-men disparity in college sports can be nullified.



CMS- IANS, THE NEW CRICKET CHAMPIONS

ARTICLE BY ANAMIKA SURESH AND BASIL BIJU

CMS cricket team lifted the glory of the college becoming the MG University cricket champions of 2019. In a thrilling match held at CMS College ground on February 8, 2019, CMS won the toss and chose to bat. CMS scored 127 runs from 19 overs. Unnimon Sabu made 28 runs, becoming the top scorer. After 19 well bowled overs, it was the chance for SH College, Thevara to prove their worth in batting. SH made a good start, but they were out of wickets in 17 overs scoring only 85 runs. Thanks to the spectacular fielding showcased by CMS. Thus CMS won the match by 42 runs. Exceptional performances were showcased by Sijomon Joseph, Sobin Thomas (Captain), Unnimon Sabu, Sahil S and Dony Augustine. Other team members included Abhishankar S, Aravind Rajesh, Abhay Jotin, Gireesh PG, Akash C Pillai, Ajith Jacob, Bovas M Justin, Rahul Joseph, Sanjay P Sunil, Vyshak K Kumar, Gokul Raj, Vignesh Vijay, Rohit S Nair, Gowrisankar.

The advantage of playing in the home ground where they practice and sweat out each day benefited the team. The victory is of a great significance as it was after a long break of 5 years that CMS retrieved the "Mahatma Gandhi University (MGU) cricket champions" title. It is a matter of pride and concern for every Kottayam native. The win gained attention as the beaten team was the champions for the last 5 years. Anyhow, the rivalry between the best two cricket teams of MGU persists and will continue in the following years.

The U-23 Kerala cricket team captain and Ranji trophy player, Sijomon is a hero to the young cricketing aspirants. In the young age of 21, he owns the fame of a cricket celebrity. The efforts made by the all-rounder in the crucial final match is worth remembering. Having him in the college adds to the pride and fame of the institution.



Sijomon Joseph, Kerala Cricket Team member



It's scarf time!

FASHION

How to wear a scarf for different outfits?

Explore the various scarf styles for different outfits. Read about the different types of scarves and its unique way of styling. We present to you the different ways to wear a scarf to pull a classy or hippie look. Its your choice!

- Scarf styles with kurtis.

This season we are all thumbs up for that perfect indo-western look. It looks pretty, flattering and desi. In order to achieve that, pair one of your most stylish scarves with a kurti. Style it with bold lips and add jhumkis to your look. Your look will be something to die for.



- How to wear scarf with jeans?

This is the most common and stylish way to wear a scarf. Try pairing a scarf with a casual tee or a white shirt and add a pair of jeans. Tie your scarf firmly on your neck, not too tight and tuck your t-shirt in your jeans. Add a pair of sneakers or heels for a smart look.

- Stoles with kurtis.

Stoles are the perfect way to glamourize outfit. It is a great way to inject some colour and print to your outfit. Thinking about how to wear a stole? These can be worn on kurtis, layering it as dupatta, with jeans or a long skirt. There are a lot different ways to wear a stole. Simply add a pretty number to your wardrobe.

- How to wear hijab with scarf.

The religious clothing item-turned trend has found its way into fashion magazines as well giving rise to fresher hijab style in new shades and prints. There are many simple ways to style it. You can take the longer end, and as per choice throw it over your shoulder or circle it around your neck and bring it back to the front over your other shoulder.



BY ASHIMA KABIR

Monsoon Fashion

2. HAIR

OUR HAIR TENDS TO GET FRIZZY DURING THE MONSOON SEASON IN ORDER TO MAINTAIN THE SHINE IN YOUR HAIR TRY WASHING YOUR HAIR WITH COLD WATER. ANOTHER TIP IS TO USE A BANDANA TO AVOID THOSE BABY HAIRS AND IT'S A GREAT WAY TO ACCESSORISE. AVOID TYING YOU'RE YOUR HAIR INTO A BUN BECAUSE IT LOCKS ALL THE MOISTURE, GREASE AND TENDS TO STINK A LOT.

3. SKIN

THE SWEATINESS AND GREASINESS OF OUR SKIN DURING THE MONSOON SEASON CAN BE AVOIDED BY USING A LIGHT MOISTURISER WITH SPF.

4. MAKEUP

WHEN IT'S ALL RAINY AND WET OUTSIDE OPT FOR A LIGHT MAKEUP LOOK. KEEP IT MINIMALISTIC BY WEARING A WATERPROOF MASCARA AND LIPNER BECAUSE YOUR MAKEUP WILL TEND TO BECOME CAKEY AND FALL OFF WHEN YOU ARE OUT AND GOING THROUGH A HECTIC DAY. ALSO, CARRY A LIP TINT, CHEEK TINT AND A COMPACT FOR QUICK TOUCH-UPS.

8. BASIC ESSENTIALS

MONSOON MEANS THAT THERE ARE TONS OF CHANCES THAT YOU CAN GET WET, FORGET AN UMBRELLA OR GET STUCK AT THE WEIRDEST OF PLACES. ALWAYS CARRY A PLASTIC COVER TO KEEP YOUR PHONE, CHARGER AND OTHER GADGETS FROM GETTING WET. NEVER FORGET TO CARRY AN UMBRELLA AND ALWAYS KEEP A TOWEL READY.

1. CLOTHES

WHEN YOU PLAN AN OUTFIT FOR MONSOON DAYS, ONE THING YOU NEED TO KEEP IN MIND IS IT'S A BIG NO TO WHITES. WHITE CLOTHES WILL GET WET AND EASILY BECOME TRANSPARENT, THEN THERE WOULD BE A WHOLE LOT AHEAD OF YOU PEOPLE STARRING AT YOU TRY TO AVOID STATHEMIC, BODY HUGGING AND UNPLEASANT CLOTHES AND GO FOR COTTON COMFORTABLE CLOTHES. ONE CONSTANT THING IN OUR WARDROBE WHICH WE TEND TO WEAR THE MOST IS DENIM BUT THIS SEASON CUT IT OFF YOUR OUTFIT CHOICES AND SAVE YOURSELF FROM HOURS OF FEELING WET. SINCE DENIMS GET WET, IT STICKS TO YOUR BODY AND TAKES A LONG TIME TO DRY, SO TRY TO WEAR MORE OF PALAZZOS, COTTON TROUSERS AND CLOTTES. CHOOSE DARK COLOURS LIKE BLUE, SHADES OF PURPLE, GREEN AND LOTS OF GREYS SO THAT YOU CAN FULLY ENJOY THESE RAINY DAYS BEING TOTALLY COMFORTABLE IN THOSE CUTE OUTFITS.

5. JEWELLERY

WHEN YOU CHOOSE JEWELLERIES TO ACCESSORISE DURING MONSOON, MAKE SURE TO AVOID WEARING METALLIC JEWELLERY BECAUSE IT WOULD EASILY GET RUSTED AND SMELL BAD. TRY TO OPT FOR JEWELLERIES MADE OF WOOD OR CLAY AND TASSELS OR POMPOMS ARE A GREAT WAY TO BRIGHT UP YOUR LOOK.

7. BAGS

WHEN MONSOON SEASON BEGINS START ALL YOUR LEATHER BAGS WITH NEWSPAPERS, FOLD IT IN A COTTON BAG AND KEEP IT ASIDE IN A DRY PLACE. GO FOR SILICON OR PLASTIC BAGS AND MAKE SURE IT HAS A ZIP.

6. FOOTWEAR

FOOTWEAR IS AN ESSENTIAL PART OF YOUR MONSOON LOOK SO MAKE SURE TO AVOID MATERIALS LIKE LEATHER, CLOTH AND VELVET. BUY YOURSELF A COOL PAIR OF SANDALS AND FIP FLOPS AND DON'T WORRY ABOUT SLIPPING INTO PUDDLES OF WATER AND ENJOYING YOUR MONSOON.





The first outfit is a very budget friendly and a mix of Indian and western trends. All of us would definitely own a pair of blue jeans, so if it's an ankle length jeans it's perfect or you can just fold it till your ankle. Pairing this jeans with a bright coloured tunic kurta would give a beautiful pop of colour to your look. Wearing a neckpiece with this would be a bit over the top so go for a dome shaped small earrings and a layered bracelet as accessories. Finally to complete the look you need a spacious yet chic looking bag so use a hobo bag of any colour and your ready to rock this fusion look.

3 SIMPLE OUTFITS FOR COLLEGE

THE TRANSFORMATION FROM A SCHOOL STUDENT TO COLLEGE STUDENT IS ONE OF THE MOST IMPORTANT STAGES OF ANY TEENAGER'S LIFE AND GETTING RID OF THE UNIFORM IS WHAT EVERY GIRL OR GUY LOOKS FORWARD TO. THE MOST DREADFUL QUESTION DURING THIS TIME IS 'WHAT TO WEAR' AND THIS ARTICLE WILL PROVIDE YOU WITH THREE STYLISH YET COMFY OUTFITS FOR ANY COLLEGE GOING STUDENT.

As a college student being stylish and being comfortable at the same time is a very important factor and this outfit might be the comfiest one which would also make you stand out in the crowd.

Denim is a must own item and the latest trend in denim jeans is the boyfriend jeans. It will fit perfectly around your waist but would be oversized around the rest of your legs and this jeans would go perfectly with an oversized t-shirt or shirt. It can be worn in any kind of weather and to style up this look wear a long line open front shrug on top of it. You can play with some colours when choosing the shrug and for accessories just wear a simple studs or a medium length hangings as earrings. When you choose a footwear go for something which covers your leg like loafers, ballerinas or slip on sneakers and finally, carry a cool looking tote bag to complete the comfiest college look ever.



Girls love to wear skirts but don't wear it much because we are conscious of the wind, shaving our legs and what not, but a perfect length skirt would keep you comfortable the whole day and its high time body hair becomes normal for girls to show. A A-line midi skirt would fall exactly between your knees and ankle and is the perfect length to wear to college. Choose a bright coloured skirt so that you can pair it with a plain white/black t-shirt and inserting it would make it look more stylish. If you don't want to insert the top then go for a decent crop top with sleeves and make sure it goes with the college dress code. When it comes to accessories go for some studs as earrings and as your whole look is plain go for a layered neckpiece. Use a small back pack to carry your stuff because it looks really cool with skirts and maybe tie your hair up in a ponytail using a cute bandana. To complete the look wear a pair of sneakers or vans and your ready to go.



Even if you're a guy with just one pair of jeans which you wear the whole week you can still style up your look by choosing the right pair of shirt. Go for a slim straight leg jeans and pair it up with casual coloured shirt either plain or printed. The good thing about regular blue jeans is that any coloured shirt would go great with it and you can add a statement to your looks by wearing some cool looking striped or dotted socks with a pair of sneakers.

Black goes with everything and every occasion so every guy should have a slim fit black jeans ready. Pairing a black jeans with a dark coloured Polo tee or any plain coloured t-shirt would give you a very polished simple look and it would be a very comfortable option for a regular college day. To complete the look find yourself a nice pair of casual shoes and use a digital watch to accessorise.



When it comes to pants you need to let go of your usual jeans and trousers once in a while and experiment a little bit. The plaid pants trend adds just the right amount of drama to your outfit and pairing it with a white plain shirt would give you a perfect formal look. For footwear go for a pair of loafers and no show socks and if you need to insert the shirt then make sure the belt matches the colour of your shoes. This look is perfect for any formal occasion or even on a regular college day.

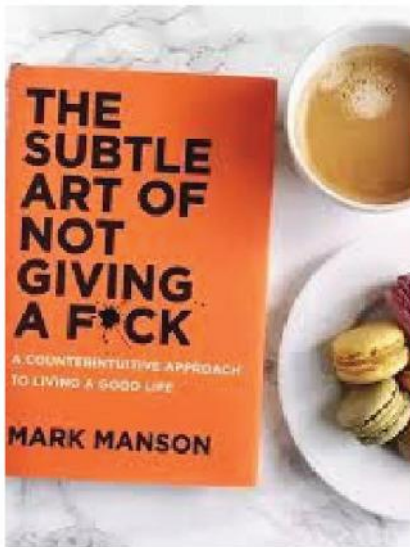


3 SIMPLE OUTFITS FOR COLLEGE

BOYS EDITION

BEING A COLLEGE GOING STUDENT AND BEING A GUY YOU DON'T HAVE MUCH OPTIONS TO STYLE UP YOUR LOOK, BUT WITH SOME RESEARCH AND RIGHT MIX OF CLOTHES YOU CAN BE THE MOST BAPPER LOOKING GUY IN YOUR GANG.

RISE OF SELF-HELP BOOKS



The Subtle Art of not Giving a F*ck
By Mark Manson

The Secret to Teen Power by Paul Harrington states that 'According to the Law of Attraction our thoughts become things'. The entire book is a guide to gain success in all fields of our lives ranging from health to relationships and even wealth, using nothing but our will power. Which person is their sane mind would not want that?

These self-help ideologies are what sells these days. However, the term 'self-help' isn't correct any longer. Self help makes the reader feel depreciated in terms of their worth. Personal-development and self-improvement are what these books are now categorized as since it makes the reader feel more accepted and acknowledges their efforts to improve, grow and accept themselves for who they are.

Simon Smiles in 1859 authored the book, *Self Help* during the industrialization era to help the common man deal with the change in the economic, social and political system. Little did he know that this book would give rise to a whole new genre which would boom into one of the fastest selling industries by mid 2000s. But why is there a sudden rise in the popularity of these so called 'self-help' genre?

There are no definite answers to this question. According to claims made by psychologists, changes in the lifestyle of the current generation is what is giving a boost to this industry. Just think about it. Thirty years ago, our parents had no way of knowing what their friends and acquaintances were up to. They were not getting constant story updates on Instagram about their colleagues vacationing in the latest party destination or lazing around a beach in South Goa. Their Facebook feed was not flooded with celebrity couples and their lavish weddings. Mothers around the world did not have to see how influencers were making parenting look so easy to pull off.

Millennials all around the world are living a fast-paced life where success is measured in terms of the number of followers you have, the likes you garner and the amount of work out selfies a person posts as their status. The pressure being faced by the people in this age is what is making them turn to these books. They want to 'improve' their lifestyle. There are two categories of readers in this industry- the first category who may be categorized as competitors. They see hustle, as the only way to work towards their ambition. Their aim is to be better and not give up in this competitive world where taking a break might mean for them to lose out of the game.

Books such as *Laws of Success* by Napoleon Hill or *Girlboss* by Sophia Amoruso belong there. It teaches their readers principles of success. The pointers given out in these books give the millennials the boost that their exhausted minds need. In a world where students must compete to secure seats even in community colleges or to bag an internship, these principles are priceless. They may not provide the exact the solution to their problems but give them motivation and a purpose to work towards. The second category of people are the ones who just want a break from the monotonous life keeping them from achieving the 'ultimate' goal in life- happiness. In a society where mental health is being given importance gradually, people view a healthy state of mind an absolute necessity. Gone are the days when mental health was a taboo. It is now being talked about on all social media platforms and readers aren't shying away from picking up self-help books in order to maintain a peaceful mind in a chaotic world. Philosophies based on *The Secret* and concepts used in *The Subtle Art of Not Giving a F*ck* by Mark Hanson are teaching people to lead a life free from worries and addressing their problems head on. It teaches them about gratitude, self-care and acknowledging the blessings present in our daily lives.

**'Never give up
because beautiful
things can be born
from misery'**

--Bridgette Devoue

The idea of breaking away from societal standards and living a life as their own master is appealing to the readers who've spent decades trying to fit into the society with it's ridiculous rules and standards. This is the age where people are becoming more self-aware and learning to live life the 'carpe diem' way. Whatever be the reason, the industry is booming and people all over are becoming aware of its popularity with several celebrities coming up with new titles in this genre. There are people out there who swear by these books and their guidelines. At the same time, it has its fair share of critics who claim that this genre is nothing but a way to dupe publishers and readers of millions with it's fake promises and deals. At the end of the day it's up to the reader to decide whether to invest in such a book or tackle with life the good old fashioned way, head on.

-by Sheya Kurian

PLEA IN SC TO DECRIMINALIZE ABORTION

BY Amritha Jacob

With the plea in Supreme Court to decriminalize abortion, the society needs to rethink about the reproductive choice of a woman.

Indian Penal Code, 1860

Before 1971, abortion was criminalized under section 312 of the Indian Penal Code. Section 312 to 316 of the Penal Code provided that any person performing illegal abortion was subject to imprisonment for three years and/or payment of a fine; if the woman was "quick with a child" the punishment was imprisonment for up to seven years and a payment of fine. It was in the 1960's, when abortion was legal in 15 countries that deliberations on a legal frame work for induced abortion in India was initiated.

Article 21 reads as: "No person shall be deprived of his life or personal liberty except according to a procedure established by law." This right has been held to be the heart of the constitution. Swati Agarwal, Garima Sekseria, Prati Vats, who filed petition in the Supreme Court to decriminalize abortion, points out how Article 21 of self determination and right to health is questioned by the abortion law.

In India, abortion can be performed only under four conditions: if continuation of pregnancy poses any risks to the life of the mother or to her physical or mental health, if the fetus has any severe abnormalities, if pregnancy occurred as a result of failure of contraception (but this is only applicable to married woman) and if pregnancy is a result of sexual assault or rape.

Medical Termination of Pregnancy (MTP) or induced abortion is considered to be safe during the first trimester of pregnancy. But the restriction put by the state puts an undue burden on the exercise of free reproductive choice and renders the restriction meaningless.

Years after the abortion law, it is critical to assess the gains and challenges of the law. The law was passed with an aim in mind to check upon female feticide but the frequency of female feticide in India is increasing day by day. It not only failed its purpose but also questions the right a woman has over her body.

Women as well as men from all across the world are raising their opinion on their right to take decisions for their body by participating in social media movements like Thunderclap Campaign by YP Foundation and the hashtag campaign #nouterusnoopinion. They all raise the point that abortion is health care and is a right and not a privilege. Even though a major chunk of the society fights for the right of women to take decision for their bodies there are a lot of people who points out right of the fetus being conceived.

Dr. Amrutha Rinu Abraham, Sociology professor at CMS college Kottayam, shares her opinion on the issue:

"There are cases where abortion is necessary. When a child is conceived without the process of love and affection from its parents, as in the case of a rape, abortion is recommended. But when woman gets pregnant after consensual sex, the mother has a place in her to accommodate the baby. In that case abortion cannot be justified because it is just looking for the worldly pleasure of the mother without the thought of murder of a possible child. I know it is exaggeration when we talk about the right to life of a fetus or a zygote more appropriately, but still there is value to the life of it too."

Fusion

BY ANAMIKA SURESH

INDO-WESTERN

India has always had a rich tradition of classical dance or shastriyanatya. Dance forms originated in India around 200 BC. Indian classical dance is the symbol of the richness and variety of Indian culture. This richness has further extended beyond its borders by modernization and westernization. In our time the colors of Western dance forms have beautifully mixed with Indian dance practices. Today they are engaged in a process of assimilation. Classical dances of India which throw immense light on our culture and tradition to the outside world is being transformed today. They are being fused with other forms of dances to make them more fresh and appealing to dance lovers around the world.

Nowadays the dancers put their "rolling foot forward". The dancer Meghana Javekar's rolling skating group performed an extraordinary form of dance. The dance event commenced with a Ganeshvandana where Odissi dancer Kanchan Musmade performed on roller skates. The event showcased varied new techniques of artist skating-precision, quartet, compulsory and free dance as the dancers presented all these through semi-classical, classical-western-Odissi, Kathak, Bollywood, ribbon dance and western forms.

While some performed duets, some went solo and others opted for fusion performances. Dance forms are representation of a culture, its belief, emotional depth and structural rigour. Fusion Dance aspires to loosen the boundary between two dance forms and in turn the cultures without losing their innate character and beauty of either forms. Fusion would not only give another life to the Indian dance form and artist related to them.

The evolution of the contemporary dance forms with the confluence of Indian classical and Western culture is the latest development in this arena. Dance has got many advantages. Not only is it significant for preserving cultural values, but is a great source of entertainment, social relations and possess health advantages too. The fusion of Indian classical dance like

Bharatanatyam, Kathak, Mohiniattam etc. with Western

popular culture like hip-hop has helped them popularize them and has inspired many to notice their beauty and learn them.

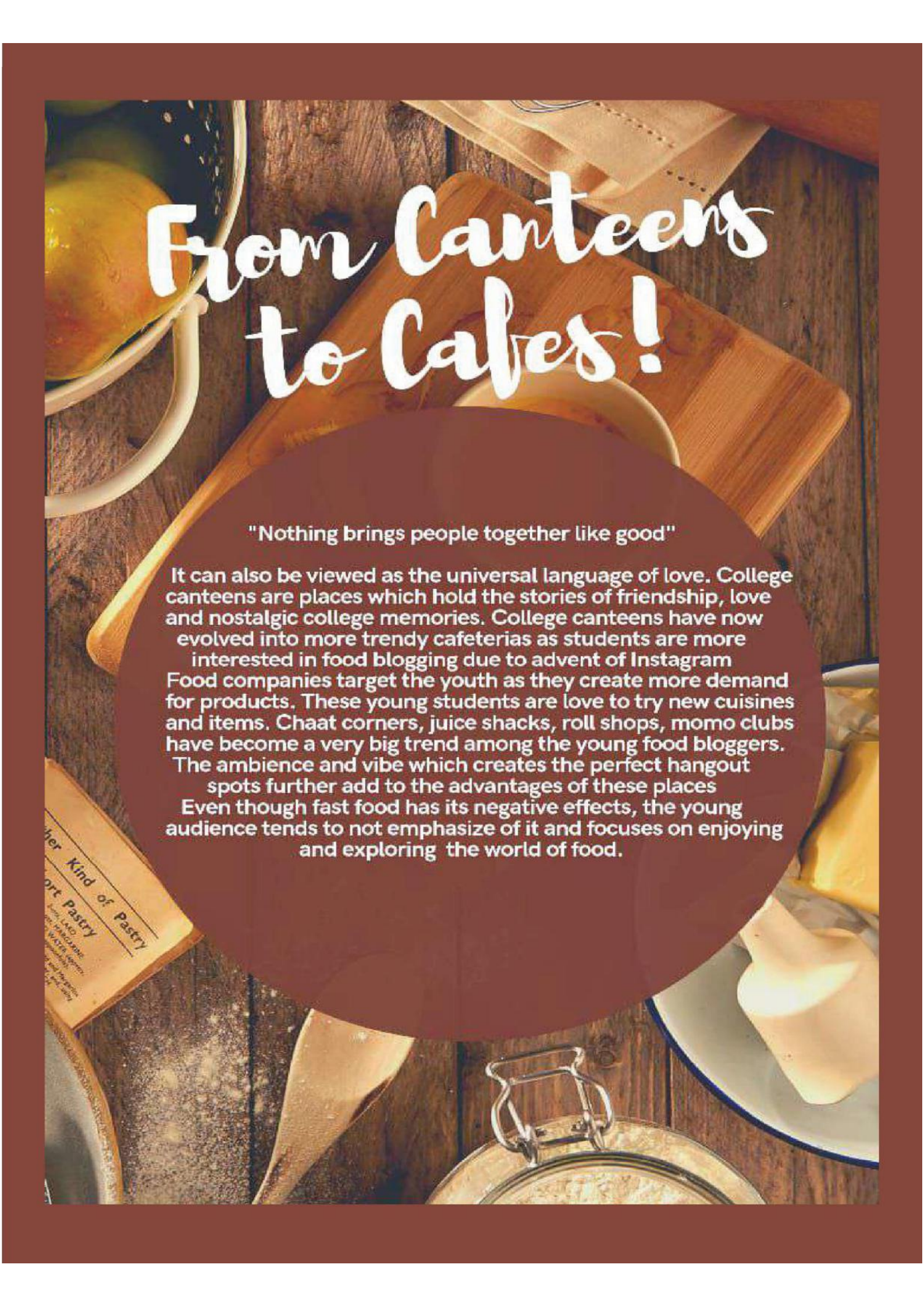
Their popularity is evident from various concerts dedicated

to fusion dance being organized one such event is 'Alchemy'. Fusion dancing is an improvised version of any dance form

that doesn't have a strictly defined dance design.

Fusion form creates new forms either by fusing two or three

forms or bringing out mixture out of these forms.



From Canteens to Cafes!

"Nothing brings people together like good"

It can also be viewed as the universal language of love. College canteens are places which hold the stories of friendship, love and nostalgic college memories. College canteens have now evolved into more trendy cafeterias as students are more interested in food blogging due to advent of Instagram. Food companies target the youth as they create more demand for products. These young students are love to try new cuisines and items. Chaat corners, juice shacks, roll shops, momo clubs have become a very big trend among the young food bloggers. The ambience and vibe which creates the perfect hangout spots further add to the advantages of these places. Even though fast food has its negative effects, the young audience tends to not emphasize of it and focuses on enjoying and exploring the world of food.

HEALTH TIPS



5 Foods To Avoid
this Monsoon:
Eat Healthy, Stay
Healthy:

Leafy vegetables.

Fresh juice and
fruits from roadside
vendors.

Sea food.

Fried food.

Fizzy drinks.



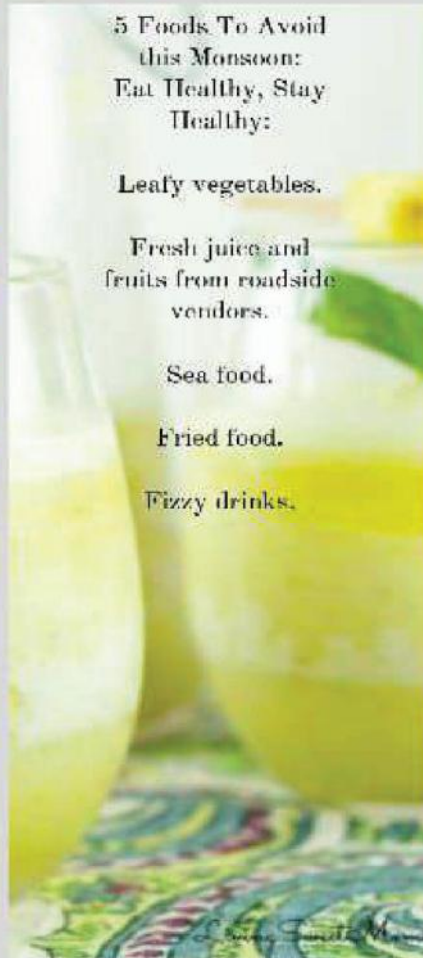
Pineapple Mint Smoothie

Blend pineapple and
mint along with ice and
water.

Fat loss smoothie

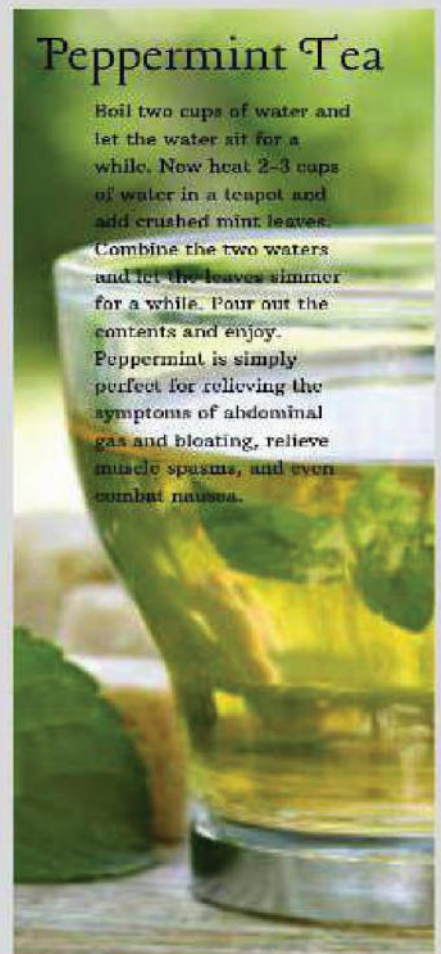
Blend protein powder ,
strawberry, ice cubes along
with water.

By: Sameera Sakir,
Annmaria Thomas



Peppermint Tea

Boil two cups of water and
let the water sit for a
while. Now heat 2-3 cups
of water in a teapot and
add crushed mint leaves.
Combine the two waters
and let the leaves simmer
for a while. Pour out the
contents and enjoy.
Peppermint is simply
perfect for relieving the
symptoms of abdominal
gas and bloating, relieve
muscle spasms, and even
combat nausea.



Chetta Oru Chaaya



Location: : Kanjikuzhy, Kottayam
Distance: 3.4 km

Rating : 4.0****

Review: This cafe is located at the heart of kanjikuzhy, they serve many authentic evening snacks, wide varieties of tea and coffee, chicken rolls and homemade pathiri at cheap rates. You can enjoy your snack meal at Rs.20/-.

Biriyani Hut



Location: Theni road, kodimatha

Distance : 1.5 km

Rating: 4.1****Location: Theni road, kodimatha

Distance : 1.5 km

Rating: 4.1****

Review: Biriyani Hut started its journey in 2002, providing fine dining at Kottayam with more than 10 varieties of biryani both veg and non-veg starting at the rate of 80/-.

Mahe Cafe



Location: Kottayam

Distance: 850.0 m

Rating : 4.4****

Review: Mahe cafe brings to Kottayam the taste of Malabar cuisines and snacks that are popular among the student community. There are wide varieties of snacks starting from 12/-.

Berries & Brews



Location: CMS college Rd, Baker Hill

Distance: 450.0 m

Rating: 5.0****

Review: This cafe has been the part of the lives of cmsians and brings you many fruit juices, shakes, shawarma, rolls and ice creams at affordable prices.

By : Jumana Ilias
Sona Laiju

MOVIE OF THE MONTH

Review by Kavya V, Aaliya Jaleel



LUCIFER

DIRECTOR: PRITHVIRAJ SUKUMARAN
SCRIPT WRITER: MURALI GOPY
CAST: MOHANLAL, MANJU WARRIER,
VIVEK OBEROI
DURATION: 2 HOURS 55 MINUTES

Lucifer, the dream directorial debut of Prithviraj Sukumaran is a movie that evolves against the backdrop of politics and makes a few references from contemporary socio-political scenario. The film was scripted by Murali Gopy who has already proved his mettle as a writer with some of his earlier works like "1 by Two", "Left Right Left", "Aami" and many more. The status of Mohanlal as an actor is larger than the character he plays. So it becomes a big task for the script writer to assign a perfect character to Mohanlal which suits his stardom. Murali Gopy, along with Prithviraj's intelligence presents a tried-and-tested formula to present a straight forward film that has both the style and substance. The story is based in Kerala. The Kerala CM PK Ramdas (Sachin Khadke) has passed away, and the next question is, who will succeed him? Many political parties are present in the movie with different names than their original names. PK Ramdas's daughter Priyadarshini (Manju Warrier) is married to Bobby (Vivek Oberoi). Her brother John Ramdas (Tomino Thomas) is the next in line for CM though not by choice but by force. Bobby, who is in collaboration with the drug mafia, is desperately seeking power. Stephen Nedumpally is a true disciple of PK Ramdas. Then the story turns out into a revenge tale between Bobby and Stephen. During the final battle, there is a dance number. It's interesting because Prithviraj had once declared that he would avoid any misogynistic representation of women in films. Lucifer, a directorial venture of Prithviraj is a masala entertainer that is no less than a treat for Mohanlal fans. It is a clear political thriller with snappy dialogues and powerful stunts, a true tribute to the great actor Mohanlal. In short, Lucifer is a tribute to Mohanlal admirers.



VICKS CAMPAIGN

The Vicks brand has stood for family care in India for over 50 years and its latest campaign has been the Vicks #Touchofcare, every child deserves the touch of care. Family today is not as tightly defined as it once was and the idea of family now goes far beyond just biological connections or sharing a surname. Its first touch of care video was about Gauri Sawant, the #Touchofcare mother and a transgender activist. Gauri adopted and cared for Gayathri as her own daughter against all odds, with deep compassion and love. This story reflects the challenges that Gauri faces from the rest of the society, as a transgender woman.

One year later they released their second video, named generations of care about a young girl Nisha. An orphan with ichthyosis abandoned by her biological parents when she was just two weeks old. She was adopted by Aloma and David Lobo and sails through the challenges and complexities of life like an extraordinary girl trying to lead an ordinary life. Vicks initiative of showcasing and supporting people who are representing extraordinary care in this world, is a source of hope for the rest of the world.



BURN MY BODY

Being born a female in this world, you are automatically seen as an object or victim. For a woman, being molested during her life is unbearable. Just think of a person being sexually abused even after his or her death. People usually think that, after death they are free from their problems. But is it so? Life is usually unpredictable as you cannot know what will come into your life and how it would take turns. Even after experiencing many problems during her lifetime, she ends up her life and kneels down to death. But never did she think that it was only another way through which she would become a feast for another man.

This is not just a story about love, or lust or reprisal. Nor is it just a film on sexual abuses. It is a story set in a hospital where an actress named Sophie Cherion is being brought, after her suicide attempt. After falling prey to her uncle's attempt of abusing her, she surrenders to death, thinking that she would have peace at least after death. Sadly, the reality hits her life again as Jose, the attendant, takes her body from the mortuary and abuses her sexually. Even after being a corpse it is tough for the women to attain peace.

The film deals with a socially relevant subject which deeply disturbs hearts of the viewers. It can influence the society to a great extent. The 30 minute long short film has been accepted by both, the audience and the critics. Nadirshah plays a magnificent role in a negative shade which is widely appreciated by the film fraternity and the audiences alike.



Department of Communicative English
2018-2021