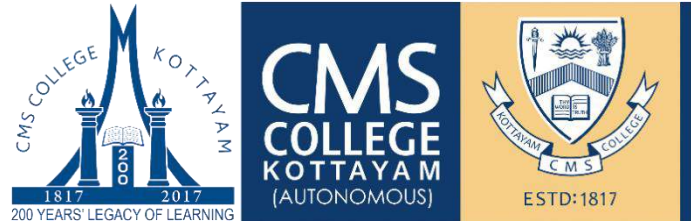


# ANNUAL REPORT

2018-2019



**CMS COLLEGE KOTTAYAM**  
**(AUTONOMOUS)**

## **ACTIVITIES CARRIED OUT DURING THE YEAR 2018-2019**

<b>ACTIVITIES</b>	<b>VENUE</b>	<b>DATE</b>
<b>AUTISM DAY</b>	KOTTAYAM	02-04-2018
<b>VOLUNTEERING AND ORGANIC STALL AT GLOBAL ORGANIC MEET</b>	C.M.S. COLLEGE KOTTAYAM	21-04-2018 TO 24-04-2018
<b>VISIT</b>	NAVAJEEVAN TRUST KOTTAYAM	18-05-2018
<b>CLEANING</b>	KOTTAYAM COLLECTORATE	22-05-2018
<b>SWATCH BHARATH SUMMER INTERNSHIP PROGRAMME</b>	ATHIRAMPUZHA	21-05-2018 TO 30-05-2018
<b>WORLD ENVIRONMENT DAY</b>	C.M.S. COLLEGE KOTTAYAM	05-06-2018
<b>AWARENESS ABOUT ROAD SAFETY</b>	KOTTAYAM	06-06-2018
<b>A.P.J. ABDUL KALAM QUIZ PROGRAMME</b>	C.M.S. COLLEGE KOTTAYAM	19-06-2018
<b>ANTI NARCOTICS AWARENESS RALLY</b>	KOTTAYAM	26-06-2018
<b>FOOD PROVIDING UNIT</b>	KOTTAYAM	29-06-2018
<b>AGRICULTURAL ACTIVITY</b>	C.M.S. COLLEGE KOTTAYAM	14-07-2018
<b>INTERNATIONAL YOGA DAY</b>	C.M.S. COLLEGE KOTTAYAM	20-07-2018
<b>INTERNATIONAL POULATION DAY</b>	C.M.S. COLLEGE KOTTAYAM	24-07-2018
<b>INDEPENDENCE DAY</b>	C.M.S. COLLEGE KOTTAYAM	15-08-2018

<b>FLOOD CAMP ACTIVITIES</b>	C.M.S. COLLEGE KOTTAYAM	16-08-2018 TO 22-08-2018
<b>FLOOD CAMP VISIT</b>	THAAZHATHANGADY AND C.N.I. SCHOOL KOTTAYAM	18-08-2018
<b>COLLECTION AND GIVING CAMP RELIEF ITEMS</b>	C.M.S. COLLEGE KOTTAYAM	20-08-2018
<b>CHLORINATION WITH DISTRICT HOSPITAL KOTTAYAM</b>	KOTTAYAM TALUK	29-08-2018
<b>TEACHER'S DAY CELEBRATION</b>	C.M.S. COLLEGE KOTTAYAM	05-09-2018
<b>POST DISASTER SURVEY</b>	KOTTAYAM	08-09-2018
<b>CLEANING</b>	KOTTAYAM RAILWAY STATION	22-09-2018
<b>BLOOD DONATION CAMP</b>	C.M.S. COLLEGE KOTTAYAM	01-10-2018
<b>CLEANING</b>	KOTTAYAM COLLECTORATE	02-10-2018
<b>CLEANING AND VISIT</b>	GOVT. MEDICAL COLLEGE KOTTAYAM	02-10-2018
<b>SVEEP TRAINED VOLUNTEERS ADDS STUDENTS' NAMES TO VOTER'S LIST</b>	C.M.S. COLLEGE KOTTAYAM	07-11-2018
<b>SVEEP CAMPAIGN</b>	NAGAMPADOM BUS STAND	14-11-2018
<b>MINI CAMP</b>	C.M.S. COLLEGE KOTTAYAM	29-11-2018
<b>AIDS DAY</b>	C.M.S. COLLEGE KOTTAYAM	01-12-2018
<b>BLIND WALK</b>	GANDHI SQUARE KOTTAYAM	03-12-2018

<b>SPECIAL CAMP (SUKRUTHAM)</b>	GOVT. VHSE SCHOOL KUMARAKOM	21-12-2018
<b>YOUTH PARLIAMENT</b>	C.M.S. COLLEGE KOTTAYAM	26-01-2019
<b>SNEHAVEEDU HOUSE PROJECT</b>	KOTTAYAM	20-02-2019
<b>CULTURAL ACTIVITIES ON 1000<sup>th</sup> DAY ANNIVERSARY</b>	KOTTAYAM	24-02-2019
<b>VOLUNTEERING FOR ADALATH</b>	C.M.S. COLLEGE KOTTAYAM	22-02-2019
<b>NATIONAL INTEGRATION CAMP</b>	FIRST GRADE COLLEGE, RANEENNUR	01-03-2019

### **REPORTS OF THE ACTIVITIES CONDUCTED OVER THE YEARS 2018-2019**

#### **WORLD AUTISM DAY**

On 02-04-2018 around 100 volunteers from CMS College NSS unit took part in the Autism Day rally conducted by B.C.M. College Kottayam. The rally was flagged off at Gandhi Square, Kottayam, by the Honourable Minister Shri.Thiruvanchoor Radhakrishnan.



### **ORGANIC STALL AT GLOBAL ORGANIC MEET**

An organic stall was put by the NSS unit as a part of the global organic meet conducted at CMS College, which started from 21-04-2018 to 24-04-2018. The stall sold various organic items such as vegetable seeds of different varieties and manuals of organic farming etc. Municipal Chairperson Dr. P.R.Sona and MG university vice chancellor Dr. Babu Sebastian inaugurated the exhibition.



## **A VISIT TO NAVAJEEVAN TRUST**

On 18-05-2018, about twenty volunteers of CMS College NSS unit visited Navajeevan Trust, Kottayam, which is a charity trust wherein lots of orphans, sick and lost parents are provided with food, shelter and care. The volunteers interacted with most of the inmates and later on shared that we had a great opportunity to have a closer look at the darker side of life through the life incidents of the inmates. After lending a hand to them by offering gifts and helping in cooking food for them, we left the place by 3p.m.



## **CLEANING AT KOTTAYAM COLLECTORATE**

On the behalf of the Swatch Bharath Summer Internship Programme, the CMS College NSS unit cleaned the collectorate building and premises on 22-05-2018. The cleaning programme started off in the presence of the District Collector Dr B.S. Thirumeni, Harithakeralam Mission representative, CMS College Nodal Officer Dr Johnson and CMS College NSS Programme Officer Prof. Ashok Alex Luke.



**SWATCH BHARATH SUMMER INTERNSHIP PROGRAMME**



The Swatch Bharath Summer Internship Programme started off with a two-day seminar on waste disposal management and environmental issues. The internship duration was from 21-05-2018 to 30-05-2018. The ten day internship had surveys, campaigns, rallies and poster distribution. The whole team was divided into several groups distributed over various panchayats of Kottayam. We conducted surveys and awareness campaigns over thirteen wards of the village. Our group campaigned regarding waste management by taking classes in Govt. L.P School Athirampuzha and poster distribution of the cartoons that we designed ourselves.



## **WORLD ENVIRONMENT DAY**

On June 5<sup>th</sup>, around 100 volunteers of C.M.S College NSS unit celebrated world environment day. The whole group split into various groups and they were sent to various sites of the college campus for cleaning and collection of plastic wastes. After cleaning, the whole group gathered in front of the college ground and planted 5 saplings of guava, mango, jackfruit and Asoka. The celebration was inaugurated by the college Bursar Rev. Fr. Jacob George.



## AWARENESS ABOUT ROAD SAFETY

On 06-06-2018 around 50 NSS volunteers from CMS College set off to create awareness about the road safety and significance of traffic rules. As a part of this the volunteers distributed notices and leaflets regarding the above mentioned matters to the vehicle travellers and pedestrians through the CMS College Road and Baker Junction. We also gave awareness by enlightening them with the basic traffic rules that we were taught before the programme.

## A.P.J. ABDUL KALAM QUIZ PROGRAMME

On 19-06-2018, CMS College NSS unit conducted a Quiz Programme related to the death anniversary of our honourable ex-president Dr. A.P.J. Abdul Kalam in association with Mall of Joy and Radio Mangalam. About 100 students participated in the program. The prizes were sponsored by Joy Alukkas.





### ANTI-NARCOTICS AWARENESS RALLY

On 26-06-2018, CMS College NSS unit participated in the Anti-Narcotics Awareness Rally organised from Baselius College Kottayam. Around 40 volunteers became part of the rally from CMS College NSS unit. The event was very successful as many students and teachers took part in the rally and along with the NSS Unit of CMS College Anti-Narcotics cell students also joined the rally.



## **FOOD PROVIDING UNIT**

On 29-06-2018, the food providing unit started after a great break. The programme aimed at ensuring that food is provided to all the needy on all Fridays as initial step. For this the first step was to prepare the list of departments according to the order of which the food is provided on each Fridays. As the list of departments and the NSS volunteers in charge of each departments were ready, we set off to distribute food packets in the district hospital. But on realising that Navajeevan trust provided food there, we decided to give away the packets to the needy on the roadsides and the shades of the trees. Distributing food packets to peoplenear the Nagampadom bus stand Thirunakkara bus stand and Nehru Stadium, about 150 packets of food were finished off within hours. The volunteers were deeply moved by tears when they see the hungry eyes. Watching them fill their stomach was a very fulfilling moment for me.

## **AGRICULTURAL ACTIVITY**

On receiving guidance from botany professors of CMS College we started our agricultural activity of this year in a very different way. The very first step to this academic year's agriculture was to make the soil fertile as the same land that we used the last year for agriculture and this reduces the fertility of the soil. For this, on 14-07-2018, 67 NSS second year volunteers cleaned the plot, ploughed and loosened the soil. Then organic manure was distributed evenly over the loosened soil.





### **INTERNATIONAL YOGA DAY**

On 20-07-2018, International Yoga Day was celebrated by CMS College NSS unit at CMS College Joseph Fenn Hall. NSS Volunteers and other 25 students became part of this programme. The Yoga session started at 8.30 a.m. Aparna Jayadevan, an MSW student at S.B College and a former NSS volunteer of CMS College led the whole session. Each and every student who took part in the Yoga session admitted at the end of the day that we remained energetic and enthusiastic during the whole day.



### **INTERNATIONAL POPULATION DAY**

On 24-07-2018, International Population Day was celebrated at CMS College by the NSS volunteers. A seminar was conducted regarding the population theories and population growth and the significance of population control at the E-learning centre by the Sociology Department professor of CMS College. The seminar was very helpful in knowing how population control has become essential in today's society.



## **INDEPENDENCE DAY CELEBRATION**

On 15-08-2018, CMS College NSS unit celebrated Independence Day at the college campus. Due to the heavy rain after hoisting the flag outside the other programmes were conducted in the great hall. After the flag hoisting ceremony, an ice breaking session and an interactive session were organised for the first year volunteers.







### **FLOOD CAMP ACTIVITIES**

### **AND FLOOD AFFECTED AREA VISIT**

CMS College was a camp site and a collection centre for flood camp necessities to different flood camps over the Kottayam district from 16-08-2018 to 21-08-2018. There was around 150 flood affected people from the surrounding areas stayed in the CMS College camp. The Volunteers served the flood affected people. Distribution of clothes, food packets, toiletries etc., cleaning the rooms of the camp inmates and preparation of food were some of the ways by which we worked as camp volunteers.

On 18-08-2018 we visited one of the campsites near the college campus at CNI School Kottayam. We managed to collect some food supplies and toiletries for the flood affected families.



**CMS College in Kottayam is Open as a Relief Camp for Flood- Victims**

Dear student, if you and/or your family is in a crisis due to flood and requires accommodation, we will come to the nearest road access point to pick you and your family, to CMS college. Food, accommodation and other necessities will be taken care of. Please contact M. M Johnson 9562266066.

Principal  
CMS College



## **COLLECTION OF CAMP RELIEF ITEMS**

Over the week of flood in Kerala, our NSS volunteers managed to collect a total of 114 packets of clothes and supplies from teachers and students of CMS College nearby shops and stores. All of the collected supplies were handed over to the Collectorate officials on 20-08-2018.



## **CHLORINATION PROJECT**

Around 35 volunteers of CMS College NSS Unit joined hands with the District Hospital, Kottayam to chlorinate the wells of houses of Kottayam taluk. A team of the volunteers who were from chemistry department were sent to the medical laboratory in chalukunnu for the



preparation of the chemical used for chlorination. The Kottayam District Hospital officials guided us through the ways in which a well is perfectly chlorinated.

### **TEACHER'S DAY**

On 5-09-2018, the NSS volunteers of CMS College celebrated teacher's day by making greeting cards for each and every teaching and non-teaching staffs of CMS College. First step of the event management was to divide the total volunteers to several groups so as to concentrate on each department and to effectively find out every staff working in the College.



### **CLEANING AT KOTTAYAM RAILWAY STATION**

On 22-09-2018, officials of the Kottayam Railway Station asked CMS College NSS unit to clean some areas of the Railway station. Thirty nine volunteers of CMS College. Around 40 volunteers of CMS College NSS unit participated in the programme. The officials themselves divided us into groups and gave instructions to how to proceed.



## **BLOOD DONATION CAMP**

A Blood donation camp was conducted on 01-10-2018 at CMS College Joseph Fenn Hall by the NSS Volunteers of CMS College. Respected MLA Shri.Thiruvanchoor Radhakrishnan inaugurated the function. Around 100 students donated their blood in the camp.



## **GANDHI JAYANTHI CELEBRATION**

On 2-10-2018, CMS College NSS unit celebrated Gandhi Jayanthi by cleaning Kottayam Collectorate and Kottayam Medical College. The programme started off at 9.30am at Kottayam Collectorate. After cleaning the site for about 2 hours, we were sent to the Medical College, Kottayam for cleaning. Thus by the two activities, we were able to send the message of Swacha Bharat to the people.

## **SVEEP**

As part of the upcoming loksabha elections in Kerala, to ensure 100% youth votes from CMS College in their respective constituencies, election commission brought up with a new concept named SVEEP. The very first step was to issue voter's id for all students who have reached 18 years of age

## **SVEEP TRAINED STUDENTS START THEIR WORK**

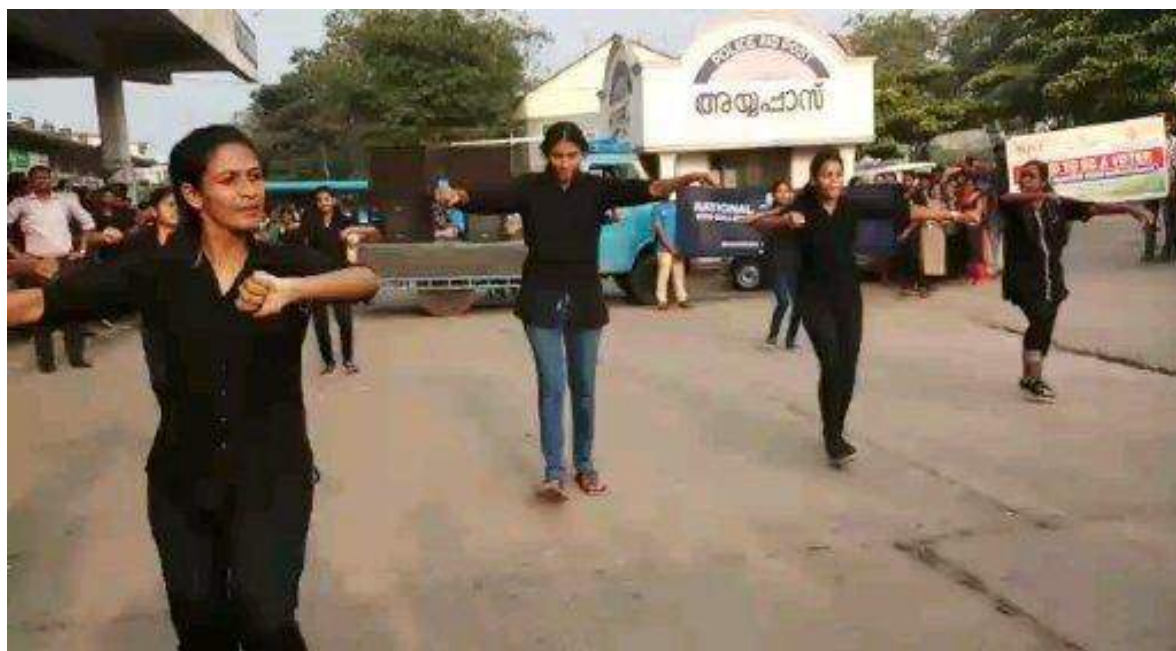
SVEEP trained students were taught how to register and issue voter ID card for the students of CMS College who have reached 18 years of age. The details of entering into the site of voter's ID issuing.





### SVEEP CAMPAIGN

For the campaign of SVEEP CMS College NSS unit conducted a flash mob at Nagampadom bus stand, Kottayam.



### **VOLUNTEER SECRETARY TRAINING CAMP**

The Volunteer Secretary training camp organised by MG University was conducted from 16-11-2018 at B K College, Amalagiri. The camp aimed at training the Volunteer secretaries of NSS units from different colleges affiliated to M.G University, Kottayam. The 3-day camp contained classes, orientation and interactive sessions.

### **MINI CAMP ( VRITHIKA)**

A 3-day minicamp was organised for the first year NSS volunteers on 30-11-2018 to 02-11-2018. The camp aimed at training the NSS Volunteers on how to become a good one to the society in which one lives. The camp had orientation programme, sessions with moral values, aids day celebration and agricultural activities. They taught NSS values by taking interactive sessions.





## **BLIND WALK**

On World Disability Day, 03-12-2018, CMS College NSS unit coordinated and executed the blind walk for 2019 in collaboration with Darshana Academy and Mall of Joy. The refreshments were sponsored by the Mall of Joy staffs. We asked the Baselius College team for advice and guidance as they were the ones who conducted the Blind walk in the previous year.





## **SPECIAL CAMP (SUKRUTHAM)**

The special camp 'Sukrutham' of seven day duration was started on 21-12-2018. As a part of the camp, post disaster surveys, cleaning, paper-bag making and free distribution, organic farming, awareness regarding environmental issues and sessions regarding social commitment were conducted.





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## YOUTH PARLIAMENT

The District level youth parliament for Kottayam was conducted at CMS College, for which NSS unit volunteered and coordinated. The screening of the Youth Parliament was conducted at the college on 19-01-2019. The Parliament was organised on 26-01-2019 for which 5 esteemed personalities. The best speaker was awarded with a book named History of CMS College. The Volunteers got a great opportunity to understand the various issues of the public and the solution for them through the words of the various speakers who had come to participate in the parliament.



## **SNEHAVEEDU HOUSING PROJECT**

'Snehaveedu' is a housing project which was planned and started execution on 20-02-2019. The first step towards the programme was to ensure the fund. For this, coupons worth rupees 50 was printed and made into booklets worth 2000 rupees. As the student coordinators we, a seven member team completed almost 80% of the fund expected to cover. Meanwhile, the labour is to be fulfilled by the NSS unit ourselves.

## **CULTURAL EVENTS ON 1000<sup>th</sup> DAY OF THE GOVERNMENT**

On the celebration of the 1000<sup>th</sup> day of present government, CMS College NSS unit was invited to perform some cultural activities. We performed a dance as a tribute to the soldiers who gave away their lives in Pulwama attack and a music feast.

## **NATIONAL INTEGRATION CAMP**

The Volunteer Secretary of CMS College Hariyha Thomas got a golden opportunity as one of the 10 volunteers from M G University who were selected to take part in the National Integration Camp held at First Grade College, Ranebennur, Karnataka. The camp was organised from 01-03-2019 to 07-03-2019. NSS volunteers from various universities became a part of the camp from Tamil Nadu, Karnataka, Maharashtra and Kerala. She got the opportunity to showcase some of the traditional art forms of Kerala.



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