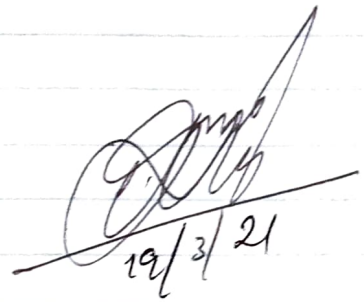
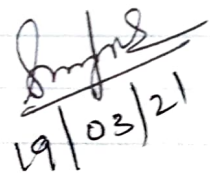


Minutes of the meeting of Board of Studies,
Physical Education of CMS College, Kottayam (Autonomous),
held at 10 am on 19-3-2021 at Department of
Physical Education.

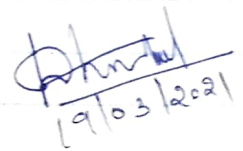
1. Dr. Manoj. S,
Department of Physical Education
NSS Hindu College
Changanassery.


19/3/21

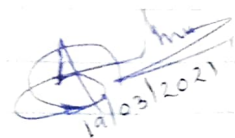
2. Dr. Suma Joseph
Associate Professor.
Mount Carmel College of Teacher Education.
Kanjikuzhy
Kottayam.


19/03/21

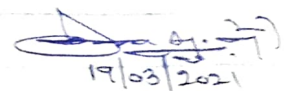
3. Dr. Dhinu. M. R
Deputy Director.
Dept. of Physical Education.
Sree Sankaracharya University of Sanskrit.


19/03/2021

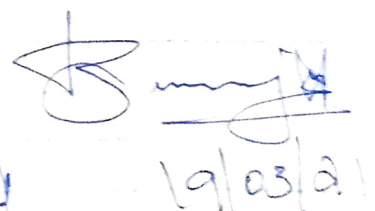
4. Dr. Jackson Paul. V.
Asst. Professor, Physical Education.
CMS College, Kottayam.


19/03/2021

5. Dr. Charles. A. Joseph
Asst. Professor, Physical Education.
CMS College, Kottayam.


19/03/2021

6. Dr. Benji P Jose
Asso Prof Phy Edn
St. George's Adoor (U of Kerala)


19/03/21

Minutes of the Board of Studies in Physical Education

Board of Studies meeting of the department of Physical Education was conducted on 19/03/2021 at 10 am at the Department of Physical Education. The following members were present in the meeting.

1. Dr. Jackson Paul V (Chairman)
2. Dr. Suma Joseph (Member)
3. Dr. Dhinu M.R. (Member)
4. Dr. Manoj S (Member)
5. Dr. Charles A Joseph (Member Secretary, Board of Studies, Physical Education)
6. Dr. Baiju P Jose (Member)

Apology of Absence:

1. Mr. Bijeesh M.V., India Team Lead-G P, Lenovo India Pvt. Ltd., Ferns Icon, Level 2, Doddenakund Village, Marthali Post, Bangalore 560037, Karnataka.
2. Mr. Vaisakh P. Kaimal, Scientific Business Officer, Dr. Reddy's Laboratories Ltd., Amecerpeta, Hyderabad, 500016 (Industry Representative)

Dr. Jackson Paul V., HoD and (Chairman) welcomed the members and in his introductory remarks he humbly appreciated the members for their active participation in the Board of Studies meeting of Department of Physical Education.

After the discussion the following decisions were taken.

1. Introducing new physical education test batteries for evaluation of Physical fitness among students.
2. Recommendation for the purchase of new Cardio related fitness equipments for College health and fitness centre.
3. To follow the same curriculum in open course in Physical Education (Physical Health and Life Skill Education)

The meeting came to the closure by 1.00 pm.



Dr. Jackson Paul V
(Chairman)



Dr Charles A Joseph
(Member Secretary)