



**CMS**  
**COLLEGE**  
**KOTTAYAM**  
(AUTONOMOUS)

DEPARTMENT OF  
DIETETICS AND  
FOOD SERVICE MANAGEMENT



# M.Sc.

## Dietetics and Food Service Management

Unlock the Potential of Nutrition and Health.

**APPLY NOW**

THROUGH THE COLLEGE WEBSITE



[www.cmscollege.ac.in](http://www.cmscollege.ac.in)



**86<sup>th</sup>** RANK  
NIRF RANKING 2025

**13<sup>th</sup>** RANK  
KIRF RANKING 2025



# WHY Choose Us?

- ✓ Projects at research institute and NABH accredited hospitals
- ✓ HACCP, FOSTAC, ISO2200 training
- ✓ Clinical Nutrition internship in reputed hospitals
- ✓ Internships & Industry Collaborations
- ✓ Practical Training in Food Lab
- ✓ Academic and Professional Development Sessions
- ✓ Experiential Education in Food Science and Nutrition
- ✓ Community Nutrition Programmes
- ✓ On-Campus Diet Counseling
- ✓ Career Guidance & Placement Cell



# About Our Programme

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**The** PG programme in Dietetics & Food Service Management aims to improve the health of people through nutrition. The mission is to provide students with a broad educational background in the science of food, nutrition, diet, and food service management. Nutrition and Dietetics is a vital growing field and the opportunities and possibilities in this field are endless. The field of nutrition & dietetics is a multi-dimensional field with practical application in our day-to-day lives. With its dynamic and interesting curriculum, this course aims at producing versatile candidates in the field of nutrition and dietetics.



# Distinctive Features

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## PROJECTS AT RESEARCH INSTITUTE AND NABH ACCREDITED HOSPITALS

Final semester projects at different food research institutes and NABH accredited hospitals to gain hands-on research experience in food science and nutrition.



## INTERNSHIPS AND INDUSTRY PARTNERSHIP

collaboration with hospitals, food companies and research institutions.



## HANDS ON TRAINING IN FOOD LAB

gain practical experience in food processing and new product development and food service management.



## COMMUNITY NUTRITION PROGRAMME

get expertise in designing and implementing community-based nutrition programs.



## ON CAMPUS DIET COUNSELING

gain practical experience in real world scenarios and addressing their nutrition concern and developing personalized diet plans.



## CAREER ADVANCEMENT AND PLACEMENT SUPPORT

our dedicated career counselors and placement cell provides comprehensive support to students, facilitating successful placement.



# Career Pathways

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## HIGHER STUDIES

PhD in Nutrition Science, Food Science and Public Health Nutrition, PG Diploma in Sports Nutrition, Pediatric and Geriatric Nutrition and Food Safety and Quality Control, Registered Dietitian etc.

## JOB OPPORTUNITY GOVT. SECTOR

Dietitian, Food Safety Officers, ICDS Supervisor, Product Development Officers, Research Associate/ Assistant, Lecturer/ Professor

## INDUSTRY JOB

Clinical Dietitian, Nutrition Consultant, Health Educator, Food Scientist, Food Safety Inspectors, Food service manager, Sports Nutritionist, Flight kitchen Manager, Hygiene Manager

## RESEARCH ROLES

Research Scientist/ associate, Post doctoral Research Fellow, Lecturer/ Professor, New Product Developer for Industries, Community Health Researcher

# Course structure

Programme Offered	Duration	Eligibility
MSc in Dietetics & Food Service Management	2 years	BSc in Home Science, Nutrition, Food Science, or any BSc degree

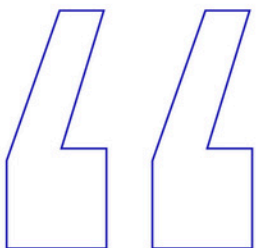
## Student Testimonials

"I am proud to say that I graduated from CMS college, where I earned my MSc DFMS (2002-2004). The education were instrumental in shaping me into the competent and confident Clinical Dietitian I am today."

**- Ms.Susan Ithy**  
(Chief Clinical Nutritionist,  
Aster Medcity ,Cochin)

"I am immensely grateful to CMS College, Kottayam (2021-23), for shaping my academic journey and career as a Dietitian. The exceptional faculty not only provided me with in-depth subject knowledge but also guided me toward a successful future. Their dedication, support, and mentorship played a pivotal role in helping me achieve my goals"

**-Ms. Niyamol Joseph**  
(Dietition, Mar Sleeva Medicity, Palai)



# Some of Our Placed Students ✨



**Denciya Mathew**  
Dietitian  
St:Joseph's  
Hospital,  
Kannur



**Leah Anna Abraham**  
QC/Regulatory  
Affairs Officer,  
Barakat,Dubai



**Alka Fathima**  
Food Quality  
Controller,  
Freshways Food  
Co.,Dublin,  
Ireland



**Swathilakshmi R K**  
Dietitian,  
MVR cancer  
center and  
Research Institute,  
Kozhikode



**Nirenjana Raj**  
Assistant Dietician,  
Rustic Wisdom,  
Bangalore



**Aryananda V B**  
Assistant professor  
Indira Gandhi  
College of Arts  
and Science  
Nellikuzhi,  
Kothamangalam



**Lakshmi Renjan**  
Dietitian  
Amritha Hospital,  
Kochi



**Amina Hakkim**  
Dietitian  
Sunrise Hospital,  
Erattupeta

And many more...

For more information contact us :

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🌐 <https://cmscollege.ac.in/department-of-dietetics-food-service-management-sf/>

